What is the Family Member Employment Assistance Program (FMEAP)?

- A liaison/referral service to local and national employers.
- A resource for educational and skill set training.
- Information concerning employment, skills-based education, training and volunteer opportunities.

For additional information, contact your local Family Member Employment Assistance Program or visit www.usmc-mccs.org

CAREER RESOURCE OFFICE
BUILDING 1427s
760.830.7225
The Family Member Employment Assistance Program assists family members to achieve their goals through employment, education or volunteerism

- Offers services to meet the employment assistance needs of family members.
- Helps clearly identify goals and necessary steps to achieve them.
- Provides job search guidance to focus on the important aspects of your job search plan.
- Provides “a listening, attentive ear.”

Family Member Employment Assistance Program Services

- **Career Counseling/Assessments**
  
  Know yourself and focus on the type of work best suited for your aptitude, abilities, and temperament.

- **Educational Workshops:**
  
  **Resume Writing:** learn types of resumes, essential contents, and most suitable format to present your accomplishments.

  **Job Interview Techniques:** learn to interview effectively and confidently.

  **Know how to prepare for an interview:** dress for success, what to say, what to ask, and an employer’s commonly asked questions.

  **Federal Application Information:** understand the complicated application process (including RESUMIX) and learn about Federal employment opportunities.

Some advantages of using the FMEAP services are:

- Learning about the current labor market, average salary, and wage trends in your area.
- Knowing the right questions to ask the employer during the interview.
- Highlighting resume accomplishments and adapting to various styles that employers are seeking and/or what format may fit your situation.
- Knowing effective negotiation techniques for salaries/wages and benefits.
- Knowing how to fill the gap between periods of unemployment.

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