Part I: Update your address in MyPay (https://mypay.dfas.mil)
A. Click on the Traditional TSP and Roth TSP link on the main screen.
B. Verify or update your mailing address.
Note: This is also the same page to start, stop, or modify your TSP contributions.

Part II: Request your TSP Account Number (https://www.tsp.gov/tsp/login.html)
A. Click on the “Forgot your account number or user ID?” link.
B. Enter your Social Security Number and click submit.
C. Wait for your account number to be mailed.

A. Click on the “Forgot your password?” link.
B. Enter your account number or user ID and click submit.
C. Follow prompts to reset password online.
D. Or call TSP and provide your account number or user ID to get a new account password over the phone.

See a Personal Financial Manager (PFM) at the Fleet and Family Support Center or your Command Financial Specialist (CFS) for more information about the TSP and investing for retirement.