MilitaryInstallations Booklet for Marine Corps Base Quantico

Fast Facts

**Location:** Marine Corps Base Quantico is located 35 miles south of Washington, D.C., in Prince William County, Virginia. It can be reached from exits 148 (South Entrance) and 150-A (North Entrance, Main Gate), just off I-95.

**Cost of Living:** MCB Quantico is in a high cost of living area.

**Base Operator:** 703-784-2121 or 312-278-2121

**Population:**
- 6,164 military personnel
- 4,000 family members
- 1,477 military students
- 10,667 civilians
- 4,068 contractors

**Area Population:** Prince William County has a population of 455,210. The population of the Washington, D.C. metro area is 6,097,684.

**Child Care:** Marine and Family Services operates the Quantico Child Development Center (CDC). Programs include:
- Hourly care for 13 months to five years of age
- Part-day preschool for three to five years of age
- Full day care for 6 weeks of age to five years old

The Family Child Care Program provides home-based care for children ages six weeks to twelve years of age. Registration is offered through the Resource & Referral Office located at the CDC, 703-784-0674 / 703-784-4453, (DSN) 312-278-0674/4453.

**Schools:** Children who reside on the installation may attend one of two Department of Defense Elementary and Secondary Schools (DDESS) located on MCB Quantico. These schools are a part of the Department of Defense Education Activity. Children who are in grades pre-kindergarten through 5 may attend Crossroads Elementary School. Children in grades 6 through 12 may attend Quantico Middle/High School. Families who reside in the local community will find high-quality education options available in the counties of Prince William, Stafford and Spotsylvania. For more information about the schools on and off of the installation, please contact the MCB Quantico School Liaison Program at 703-784-4729.

**Youth Services:**
Quantico Youth Center provides before and after care for five years (kindergarten) through twelve years of age. Call 703-784-0674.

**Marine and Family Services:**
Marine and Family Services, 703-784-2659 / 1-800-336-4663, (DSN) 312-278-2659

**Housing:**
Marine Corps Base Quantico housing is privatized. Housing aboard MCB Quantico is owned, managed, and maintained by Lincoln Military Housing. Lincoln Military Housing is located at 13201 Perkins Street. For on base housing call 703-432-8500. Assignment to housing is not mandatory at Quantico. Quarters are diverse in size, shape and style.

For off base housing referrals call 703-784-2711/2291, DSN 312-278-2711/2291. In Prince William County the median house price is $435,100, median rent is $1,142.

**Employment:** MCB Quantico enjoys much better than average employment opportunities, Federal, State, and County government employment opportunities are plentiful and diverse from entry level to mid-level and upper management. The Career Resource Management Center, located at 3019 Embry Loop, phone number 703-784-3306/2511, with its Family Member Employment Assistance Program, the NAFI Human Resources Offices, 703-784-3454, located in Little Hall, and the Human Resources Organizational Management Office, 703-784-2049/2365, also at Quantico should be early stops for those seeking employment.

**Base Services:**
MCCS Facilities
**Commissary**

MCX has 1 main exchange and numerous specialty stores on base. Marine Federal Credit Union and Bank of America Military Bank have branches on base. WIC (Women Infant Care) Lower Level of Little Hall, 703-792-7319 Hours of Operation, Monday & Wednesday 0830-1600 E-mail: pwccwi@vdh.virginia.gov

**Medical Services:** The primary source of medical care is the Naval Health Clinic (NHC), Quantico, 703-784-1725 / 703-784-1699/1-888-784-1802, (DSN) 312-278-1725. The clinic does not have emergency medical services available. The main dental clinic is located in the Naval Health Clinic. Dental care is generally limited to active duty personnel.

**Special Installation Messages:**

**Defense Service Network (DSN) Dialing Instructions**

The DSN is the provider of long-distance communications service for the Department of Defense (DoD). Every installation has a special DSN number and the numbers vary by world-wide location. In order to place a call using DSN, the caller must be using a military phone on an installation. Cell phones cannot dial DSN numbers. When dialing a DSN number from a United States installation to another United States installation, it is unnecessary to dial the DSN 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included. The operator can be reached at commercial (719) 567-1110. Please note that long distance charges may be incurred.

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**Overview**

**Location**

Marine Corps Base Quantico is located 35 miles south of Washington, D.C., in Prince William County, Virginia. It can be reached from exits 148 (South Entrance) and 150-A (North Entrance, Main Gate), just off I-95. Quantico has many attractions surrounding it. To the north is your nation’s capitol with the world’s largest museum complex consisting of 15 museums, galleries and the National Zoo. To the south is the city of Fredericksburg, one of the most historical cities in America, along with it’s many civil war battlefields. To the east is the beautiful Chesapeake Bay and to the west are the breathtaking Appalachian Mountains, Shenandoah Valley and Skyline Drive.

Quantico is considered a high-cost area for housing, whether you’re buying or renting. There are no geographic bachelor accommodations aboard Quantico. Personnel who intend to leave their family in another location must be prepared to pay for housing off the installation. The Base Operator’s phone number is 703-784-2121 or 312-278-2121.

**History**

The U.S. government acquired Quantico in 1917. The Marine Corps desperately needed an east coast base to train both officer and enlisted Marines. During its infancy, the base was known as Marine Corps Schools Quantico. It is the most unique post in the Marine Corps because it is true the "Crossroads of the Corps." It is here that all Marine Officers begin their careers and where many thousands of Marines attend professional military education schools throughout their careers. In 1968, the name was changed to Marine Corps Development and Education Command (MCDEC), reflecting the command’s dual mission of military education and the development of new concepts and weapons. Since 1987, however, the command has been known as the Marine Corps Combat Development Command (MCCDC). For more information, please visit Quantico’s website.

**Mission**

Quantico’s mission is to develop Marine Corps warfighting concepts and determine associated required capabilities in the areas of doctrine, organization, training and education, equipment, and support facilities (DOTES) to enable the Marine Corps to field combat-ready forces; and participate in and support other major processes of the Combat Development System (CDS).

**Population Served**

Marine Corps Base Quantico serves a population of 28,637 comprised of 6,164 military personnel, 10,667 civilians, 4,068 contractors, and 7,477 military students.

**Base Transportation**

Shuttle bus service is not available aboard Quantico. Local taxi service is available. For transportation off-base, the OmniLink Bus Service provides transportation from the town of Quantico to the towns of Triangle, Dumfries, and Woodbridge. There are both Amtrak and Virginia Railway Express train service to the Town of Quantico.
Sponsorship

Personnel desiring command sponsorship should contact their gaining command prior to commencing the PCS transfer. Personnel who were not assigned a sponsor prior to transfer, and who need command sponsorship during the PCS transfer may also contact the Military Personnel Reception Center or the Relocation Assistance Office. The Installation Personnel Administration Center (IPAC) is the central office for Marine Corps personnel reporting to Quantico and is located on the second deck of Bldg. 2006 (Headquarters & Service Battalion), Hawkins Ave. IPAC is open Monday, Tuesday, Wednesday and Friday from 7:00 a.m. to 5:00 p.m. and Thursday from 7:00 a.m. to 12:00 noon (except holidays) and may be reached by calling 703-784-4466.

To forward mail to Quantico, fill out two "Change of Address" cards at the post office at your present command. Address all mail going to Quantico to General Delivery, Quantico, VA 22134. The Postmaster will retain your mail for 30 days from your stated estimated date of arrival. To collect your mail check in with the post office. Please be sure to check the appropriate boxes for temporary or permanent assignment, single or family mail so that all mail for the family will be kept together.

Temporary Quarters

Family Housing

The Crossroads Inn is located on the main side of Quantico Marine Corps Base, next to the beautiful, new state-of-the-art club, The Clubs At Quantico. The Crossroads Inn features 78 comfortable rooms, 42 efficiencies and 24 two-room suites, offering home-away-from-home surroundings. Soda vending machines are located on each floor, with washers and dryers available in the first floor vending area. Complimentary coffee and donuts are provided daily. For those traveling with children, a playground is located on site. Note that no pets will be permitted at The Crossroads Inn. Meeting room facilities, capable of accommodating up to 25 people, are available for a nominal fee. All grades accepted, leave or official duty. Reservation policies vary according to purpose of stay. Reservations can be made 60 days in advance. PCS families can make reservations six months in advance. Due to high occupancy, it is recommended to make reservations as early as possible. To make reservations call 800-965-9511.

Bachelor Housing

Bachelor Housing provides quality billeting to both transient military and DOD civilians on TAD orders and permanent party bachelor officers and SNCO's occupying quarters aboard MCB Quantico. Retirees, military personnel on leave, family members or guests of military personnel assigned to the base can be billeted on a space available basis. To make reservations call 703-784-3148/9.

Relocation Assistance

Our Relocation Assistance Program is located at 3019 Embry Loop, Quantico, VA 22134 inside of the Religious and Family Services Center. The RAP office can provide you with Welcome Aboard packets, maps, and other information. We also maintain a Loan Locker that provides temporary items during your PCS moves. Inbound or Outbound. Ironing boards, kitchen kits, sleeping mats, and microwaves are just a few items that are available. RAP also runs the Commander's Welcome Aboard Brief every other month at the The Clubs at Quantico (TCAQ) from 1000-1130. This event is a fast-paced overview of Quantico and the facilities and services aboard the base. Spouses are highly encouraged to attend. FREE childcare is available for the Welcome Aboard Brief by calling the main Child Development Center 2 weeks in advance at 703-784-0674.

Please call the Relocation Assistance Program for additional information at 703-784-2659 or 1-800-336-4663.

Welcome Aboard Brief location

The Clubs at Quantico (TCAQ)
3017 Russell Road
Quantico, VA 22134

Critical Installation Information

Uniform -- All military personnel reporting aboard should check-in wearing the service "Alpha" uniform, regardless of the uniform season.

Area Traffic -- Newcomers should be aware that I-95 is a very busy highway linking Florida and Maine, as well as the commuter link to Washington, DC from this area. One can expect all the characteristics of "rush hour" near any large city including delays, accidents, and construction. While there is mass transit available (i.e. train, bus, vanpool, carpool in HOV (High Occupancy Vehicle lanes), traffic is extremely busy during peak hours. It generally takes up to an hour or more to commute between the Quantico area and the Pentagon or DC.

Cost of Living -- Cost of off-base housing is relatively high in the Quantico area due to the close proximity of the base to Washington, D.C. Be sure to check-in with the Housing Office prior to negotiating any off base housing agreements.
The Housing Office is located at 13201 Perkins Street, 703-432-8500.

*Telephone Access* -- When making phone calls aboard Quantico, please follow these guidelines: if you are calling a Quantico base number from a base number, you must dial either 784 or 432 and the last four. Phone numbers that begin with 640 or 630 must first be preceded by the area code 703. The DSN prefix for Quantico is 278. Base Information: 703-784-2121 or 278-2121. Command Duty Officer: 703-784-6281.

### Sponsorship

**Sponsorship Training**

Visit [My Training Hub](#) and log in with your Common Access Card, or CAC, to take the eSponsorship Application & Training. The course will walk you through your sponsorship duties and help you find the resources and information your newcomer is going to need. Families can be an important part of the sponsorship process. If your family members want to learn more about sponsorship or if they want to become a sponsor, they can access the Sponsorship Awareness for Families and complete sponsorship training through My Training Hub with an email address and password. The Sponsorship Awareness for Families course includes the same resources and information as the CAC-enabled version.

Moving is a way of life for service members and their families. Resources like [MilitaryINSTALLATIONS](#), [Plan My Move](#) and [Military OneSource](#) can help smooth that transition. The Sponsorship Program supports sponsors with training and access to important information and resources.

Sponsorship Program goals include the following:

- Providing newcomers with a sense of belonging
- Easing the transition for inbound service members or civilians and their family members
- Increasing productivity
- Helping newcomers make informed decisions
- Cultivating new friendships
- Improving morale

A sponsor is assigned by a newcomer’s gaining unit and helps the newcomer before, during and after a move. If you haven’t been assigned a sponsor, you can request a sponsor through your new unit or through MilitaryInstallations. Units try to match sponsors and service members by rank and family status.

Sponsorship duties include the following:

- Contacting the service member and family with an introductory email
- Following up with the member’s preferred method of contact
- Sending information about the new community and duty assignment, responding to questions and providing resource information
- Confirming transportation and lodging arrangements
- Assisting with post office arrangements
- Meeting service members and family members upon arrival
- Accompanying service members to unit check-in point
- Introducing service members to the Military and Family Support Center and loan closet, if available
- Orienting service members and families to the installation and key locations, such as the commissary

Note: Responsibilities may vary based on service-specific policies and guidance.

### Youth Sponsorship Program

Many installations give kids the chance to get to meet a new friend and become acquainted with their new installation through the installation’s youth program. Where available, they can exchange emails, talk on the phone or chat online. For more information, visit [MilitaryINSTALLATIONS](#) and click on Youth Services and your new installation. The youth program staff at your new installation can offer more information on the Youth Sponsorship Program. Families with children may also want to visit [Military Kids Connect](#), an online community for military children and youth. The site offers games, videos and links to teen-led installation tours.

### Directions to Installation

**Directions to Marine Corps Base Quantico**
If you drive on base, be sure to have your valid driver's license ready as you will need to present it to the guard at the gate. Marine Corps Base Quantico is located off of Interstate 95 in Virginia, 36 miles south of Washington, D.C. and 20 miles north of Fredericksburg.

**Driving from I-95**

Take exit 150A, Quantico/Triangle. Take route 619 east to the entrance of the base. Marine sentries assist visitors arriving at the base, giving directions to their destination. Proper identification, such as a state driver's license, is required for base entry.

**Airports**

The two airports closest to MCB Quantico are Dulles International, located in Centerville, VA, and Ronald Reagan Washington National, in Washington, D.C. Shuttle services are available from both.

**Bus and Train Transportation**

There are both Amtrak and Virginia Railway Express train services to the town of Quantico.

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**Check-in Procedures**

**Inprocessing Procedures**

**Military Personnel Reception Center**

The Marine Corps Personnel Reception Center is the central office for Marine Corps personnel reporting to Quantico and is located on the second deck of Building 2006 (Headquarters & Service Battalion), Hawkins Avenue. The Installation Personnel Administration Center (IPAC) is open Monday, Tuesday, Wednesday, and Friday from 7:00 a.m. to 5:00 p.m. and Thursday from 7:00 a.m. to 12:00 p.m. (except holidays) and can be reached by calling 703-784-4466.

**Reporting In**

All Marine Corps personnel reporting to Quantico during normal working hours will check in with the Officer-in-Charge, Installation Personnel Administration Center, located on the second deck of Building 2006 (Headquarters & Service Battalion), Hawkins Avenue. The Installation Personnel Administration Center phone number is 703-784-4466. All personnel reporting in after normal working hours will check in with the Area Officer of the Day, located at Headquarters & Service Battalion, Bldg. 2006, for administrative and billeting assistance. The Command Duty Officer phone number is 703-784-2707/4096 (located in Lejeune Hall).

**Navy Personnel**

Navy personnel will report directly to the Navy Personnel Office, directed in their orders, or after normal working hours, the Duty Officer at the Naval Health Clinic, 703-784-1725. Officers and Staff NCOs requiring bachelor housing will report to the Bachelor Housing Office in Liversedge Hall, Bldg 0015, for assignment. Liversedge phone number is 703-784-3149.

**Travel Planning**

Before you begin your travel keep these things in mind:

Ensure you have all your vehicle insurance and registration information handy.
Have your vehicle checked for road worthiness before you begin your trip. Check all fluids and fill up with gas.
Families should ensure they have snacks and small toys to entertain children as well as a change of clothes for unexpected mishaps.
Ensure you have cash, checks or credit cards that you will need when traveling.
Leave information on the route that you will be taking with someone in case of problems on the road.
If flying, ensure you have your passport, tickets, and currency as needed for the area to which you are traveling.
Make sure you have temporary lodging reservations. Reservations for the Crossroads Inn at Quantico may be made by calling 1-800-965-9511.

**Documents to Handcarry**

All orders, medical records, school records, and important documents such as marriage licenses, insurance policies, shot records, passports, wills and powers of attorney should be hand carried when PCSing to a new duty station.

**What To Do If You Get Married En Route**

If you get married before you PCS or during your PCS, you must inform your commander and follow the procedures exactly as they are given to you. The military will not pay for travel and housing of your spouse if you do not follow
Motor Vehicles

Registration and licensing requirements

State laws vary when it comes to motor vehicle insurance requirements, licensing and registration. The term vehicle generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Service members and their families will want to understand their state’s laws on registration and licensing before moving to a new state. Visit the USA.gov Motor Vehicle Services page for links to state-specific websites.

Motor vehicle laws

State and local laws regulate the operation of motor vehicles, and these laws can vary by location. Many states regulate the following:

- Seatbelt use
- Child safety seats
- Motorcycle operation
- The use of cellphones and other digital devices while driving

Learn more about motor vehicle laws in your state at the Distraction.gov State Laws page.

Installation Specific Information

Registration & Licensing Requirements

Virginia State law requires you to have sufficient liability insurance and a valid driver’s license in order to operate a vehicle. The term “vehicle” generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Further, your vehicle must be properly registered. Even though you are in the military, you may be required to register your vehicle in-state and obtain an in-state license within a few months of moving. Access complete information on insurance, driver’s licensing, and where and how to register your vehicle by visiting the State Department of Motor Vehicles website.

State Laws

You and your passengers must always wear seatbelts while driving. You will be ticketed and issued heavy fines if seatbelts are not secured. Effective July 1, 2007, children riding in motor vehicles will be required to be properly restrained in a booster seat until they reach eight (8) years of age. Additionally, the law requires rear-facing child seats be placed only in the back seat of a vehicle. If the vehicle does not have a back seat, the device may be placed in the front passenger seat provided the airbag has been deactivated or there is no airbag equipment.

Motorcycles and their operators are subject to special laws. If you own and operate a motorcycle, you must comply with those laws. Visit the State Department of Motor Vehicles website for more information.

Many states and local jurisdictions have strict laws about the use of cell phones and other digital devices while driving. Research these laws on the State Department of Motor Vehicles website. Tickets will be issued and fines assessed for violating these laws. Play it safe and always use a "hands-free" device if you must use a cell phone or other PDA while driving. Cell phones are prohibited from use while driving aboard MCB Quantico, and this includes hands free devices.

Virginia drivers younger than 18 years of age may not operate a motor vehicle in Virginia while using a cellular telephone or other wireless communication device. The new law prohibits the use of cell phones even if they are considered to be hands-free. It also prohibits text messaging while driving.

Registering Vehicle on Base

To register a privately owned vehicle aboard the command, you must have $25,000/$50,000/-$20,000 insurance coverage and a current safety inspection sticker if the vehicle is registered in Virginia. All individuals under 26 years of age must complete a military driver’s improvement course to obtain permanent base driving privileges.

The Vehicle Registration Office is located at 27130a Telegraph Road, MCB Quantico, VA 22485. Hours of operation are 0700-1530 Mon-Fri. Please call 703-432-7375 for more information.

Safety Inspections

If the vehicle is registered in a state other than Virginia, it is the individual’s responsibility to comply with applicable state regulations where his/her vehicle is registered with regard to mechanical/safety inspection requirements. Emissions inspections are required in some local counties. For more information, call the Vehicle Registration Office.
at 703-432-7375.

**Safety and Emission Inspections**

Motor vehicles parked in Virginia overnight on a routine basis are required to satisfy the current safety inspections imposed by the state of registry. If registered in Virginia, an annual safety inspection is required, and based upon their age, most vehicles must also pass an emission control test every two years.

**Operator’s License**

You may operate a vehicle with a valid driver’s license issued by the state in which your automobile is registered or by Virginia. Family members may operate a vehicle with a valid driver’s license issued by the state they are from. Virginia Motor Vehicle Department examinations are conducted at the same locations as vehicle registration.

If you live on base, trailers, oversize trucks and any recreational vehicle must be registered at the Vehicle Registration Office. The Quantico Marina is the contact for long-term storage. For space, call 703-784-2359, Monday through Friday, from 8:00 a.m. to 4:30 p.m.

**Base Regulations**

Seatbelts/Child Safety Seats -- Use of seatbelts aboard Quantico is mandatory. Virginia law requires that children under 8 years of age be restrained in a child safety seat that meets federal standards. Virginia law requires all children age six through age 15 to be properly secured in an approved child safety seat, booster seat or safety belt no matter where the child is seated in the vehicle.

Bicycles -- All personnel who ride bicycles on installation streets and roadways must wear approved helmets.

Accidents -- All accidents on base must be reported to PMO regardless of damage at 703-784-2252.

**Motorcycles**

Operators of motorcycles, mopeds, scooters, and ATVs must meet requirements for registration of motor vehicles and must have a valid driver’s license stipulating that the individual is qualified to operate a motorcycle (if the individual has other than a Virginia driver’s license).

Regardless of age or rank, all personnel must complete a motorcycle safety course. Operators and passengers must wear helmets and adequate protective clothing when riding a motorcycle. Regulations require motorcycles to have headlights on at all times and riders to wear reflective vests aboard base.

**License Plates and Tax Liability**

**License Plates**

If the vehicle is registered in the service member’s name only, license plates from their home state or state where they were previously stationed are valid until they expire; license plates from Virginia must then be obtained or those from the home state must be renewed. If the vehicle registration is also in the spouse’s name, it must have Virginia plates within 30 days after arrival if residing off base. A car brought into Virginia with an overseas license must be licensed immediately in the home state or Virginia.

**Tax Liability**

Service members who are not legal residents of Virginia may, under the Servicemembers’ Civil Relief Act, elect to register vehicles in their state of legal residence or in the host state in which they are serving without having to pay personal property taxes to Virginia. However, the vehicle must be registered only in the name of the exempt military member. When titled jointly with a non-military person, the tax immunity is lost, and it is subject to Virginia property taxation.

**Other**

**Quantico Traffic**

The South gate is closed to all traffic from 10pm to 5am daily. The distance from the front gate to the town of Quantico is 3.5 miles. Civilians who wish to visit the town of Quantico should enter through the front (north) gate located at Exit 150A off I-95.

The Commissary and Exchange complex is just inside the back (south) gate. The total distance from the front gate to the back gate through the base is 8 miles.

**Virginia DMV Locations**

There are two Virginia Department of Motor Vehicles Offices located in the vicinity of the base. The Woodbridge office is located at 2731 Caton Hill Road and is open from 8:00 a.m. to 5:00 p.m. Monday through Friday, and 8:00 a.m. to 12:00 p.m. on Saturday. The Stafford office is located at 874 Garrisonville Road and is open from 8:00 a.m. to 5:00
p.m. Monday through Friday, and 8:00 a.m. to 12:00 p.m. on Saturday. For more information, call 804-497-7100.

Education - General Overview

Introduction
The Department of Defense Elementary and secondary Schools (DDESS) located on MCB Quantico are a part of the Department of Defense Education Activity. Accreditation by State - all schools in DDESS and DoDEA are accredited by the AdvancedEd organization. Information about this agency can be obtained online.

There are two schools located on MCB Quantico. Crossroads Elementary School serves all K-5 students, and Quantico Middle/High School serves all students in grades 6-12. Standardized test scores for MCB Quantico Schools are available through the DoDEA Data Center.

Entrance Requirements

By September 1st of the enrolling year, a child must be:
4 years old to enroll in Pre-Kindergarten
5 years old to enroll in Kindergarten
6 years old to attend 1st grade
If you have any questions about exceptions, contact DoDEA.

Bus Service -- Bus service is provided to students whose families reside on MCB Quantico. The bus service operated by Motor Transportation on the installation if they are outside the mandatory walking zone for the neighborhood school.

Meals -- Both schools have a breakfast and lunch program available to students.

School Sports Programs -- Quantico Middle/High School offers a range of sports activities at both the middle and high school level.

Exceptional Children Programs -- Both schools work with the installation's Exceptional Family Member Program to meet the needs of students. Children who have identified needs in this area are also supported by DDESS' New York/Virginia Superintendent's Office who has personnel who oversee this program in all schools in the district.

Enrollment size within the system -- There are currently 332 students at Quantico Middle/High School and 700 students at Crossroads Elementary School; however these numbers are subject to change weekly.

Grading System -- The system-wide grading system is:
90 - 100 = A
80 - 89 = B
70 - 79 = C
60 - 69 = D
50 - 59 = F

Magnet Schools -- DDESS has no magnet schools within the system.

Alternative Education Programs -- DDESS has no alternative education programs within the system.

Public School

The public schools of Prince William, Stafford and Spotsylvania Counties offer high quality education.

Age Requirements

Virginia law requires children who will be 6 years old on or before Sept 30 to enroll in school unless the parents notify the school system that they do not wish the child to attend. State law allows children who are 5 on or before Sept 30 to enter kindergarten.

Immunizations

Virginia law requires each new student to be immunized against the following diseases:

Diphtheria, Whooping Cough (Pertussis), and Tetanus. Three doses as an infant. A booster after the fourth birthday and before entrance to school. A Td (tetanus/diphtheria) booster is needed if ten years have elapsed since the last booster. Oral Polio Vaccine, two doses as an infant, a booster after the fourth birthday and before entrance to school. Measles (Rubeola), Mumps, and German Measles (MMR), first dose at 12 to 15 months of age. Virginia requires that
students have the second dose of measles (rubeola) vaccine before first entry into kindergarten. Hepatitis B, evidence of immunization against Hepatitis B will be required for children born on or after January 1, 1994. Three doses of Hepatitis B are required. Evidence of Hepatitis B immunizations for entry to 6-8 grade after Fall 2001. Required through grade 9 as of Fall 2004. Varicella (Chicken Pox) Vaccine, all children are required to document at least one dose of varicella (chicken pox) vaccine if they have not had the chicken pox disease, grades Pre - 2.

Enrollment

Most counties require parents or legal guardians of a new student to present the student’s birth certificate, Social Security number, evidence of immunizations and a transfer slip or report card from the student’s previous school upon registration.

Standards of Learning (SOL)

The Standards of Learning for Virginia Public Schools describe the commonwealth’s expectations for student learning and achievement in grades K-12 in English, mathematics, science, history/social science, technology, the fine arts, foreign language, health and physical education, and driver education.

These standards represent a broad consensus of what parents, classroom teachers, school administrators, academics, and business and community leaders believe schools should teach and students should learn.

In the four core areas of English, mathematics, science, and history/social science, a curriculum framework also is provided that details the specific knowledge and skills students must possess to meet the standards for these subjects.

Registration

Parents are urged to register students for school as early as possible to assist school personnel in planning class placement and schedules. Hand carrying school records will facilitate enrollment. If your child’s school does not permit hand carrying records, you may request that they be sent for holding until you arrive. Students that will be attending on base schools may have all records mailed to:

Student Records
Superintendent of Schools
Virginia Domestic Dependents Elementary and Secondary Schools
3308 John Quick Road, Suite 201
Quantico, VA 22134-1702

Schools welcome registration Monday through Friday between 9-12:00 or 1:00-3:00.

Education - Local Schools

How do I choose a school?

Choosing the right school for children is a priority for many military families. Finding the right educational setting for each child requires a careful examination of the available options, whether you live on and off the installation. "Choosing a School for Your Child," a publication from the U.S. Department of Education, offers checklists and questions to assist parents in making the right choices.

How do I find out about schools near my new duty station?

Several quality online tools are available. Military OneSource is a free service offered by the Department of Defense to service members and their families to help with a broad range of concerns including education, parenting and child care, relocation and the concerns of families with special-needs members. An educational consultation with a specialty consultant is available, free of charge, and can help you address specific educational needs and goals.

How can I help plan for a successful transition?

Parents often want to know about the availability of extracurricular activities and sports, or the availability of advanced classes for their children. While there are other sources that can provide some information on these topics, it is usually best to get this information by contacting the schools directly.

Education - Local Schools/Overseas

Moving from one installation to another in the United States can be challenging enough; but moving with your family overseas can be even more complex. One of the most important challenges can be summed up in one question:
"Where will my children go to school?"

Where do I start?
Start with MilitaryINSTALLATIONS to learn more about your new installation. In particular, read the installation's education article. All overseas installations dedicate a portion of the education article to discussing the education options available in the local community, as well as the Department of Defense schools on the installation, if available. Most overseas installations with accompanied family members have one or more Department of Defense school.

What is the difference between a Department of Defense school and an international or national school?
The Department of Defense Education Activity, or DoDEA, operates schools in 11 foreign countries, Guam and Puerto Rico. All DoDEA schools are fully accredited by U.S. accreditation agencies and maintain high academic standards with well-rounded educational programs. Visit the DoDEA website for more detailed information.

The DoDEA's student preregistration system helps streamline the registration process and allows school officials to better predict school enrollment, make more informed decisions regarding teacher and staff requirements, and prepare for special services and supplies. Parents can preregister their children by visiting the DoDEA Online Student Pre-Registration site.

The U.S. Department of State's Office of Overseas Schools works to promote quality educational opportunities for families of American citizens overseas. If a Department of Defense school is not available, visit this site to learn more about the schools in your new area.

In general, international schools are English-language schools at overseas locations. National schools are schools where courses are taught in the native language. The curriculum and grading system of an international school tends to be similar to the traditional American education system. This may be an important consideration if your family will be returning to the U.S. before a child graduates from high school.

Where can I find a list of international schools in the country where my family is moving?
You can find a directory of overseas schools on the U.S. Department of State's Schools Worldwide page. The listing includes schools that receive assistance from the U.S. Department of State, as well as other international, private, religious and public schools.

How do I decide what school is best for my child?

Although you may not have as many choices as you had in the United States, the process for choosing a school for your child is the same. You can begin by making a list of possible schools. Next, you'll want to find out more information about each school. Talk to the relocation personnel at the Military and Family Support Center and with your sponsor, who may be able to put you in touch with other families with children around the same ages as yours. You may also want to contact the school and ask for references.

Once you have narrowed down your options, you may decide you want to schedule an interview with the school or schools. Here are some considerations you may want to discuss:

Curriculum
Grading system
Tuition
Accreditations
Teachers and other staff
Meals
Extracurricular programs
Transportation
Schedule
Before- and after-school programs

Now that I have chosen a school, how do I successfully transition my child?

Start planning for a successful school transition as soon as you learn about your move. The more your child knows about what to expect, the more confident your child will feel on the first day of school. Allow your child to be a part of the decision-making process, if appropriate, and take your child's opinions into account.
Please contact the Voluntary Education Center for additional information on adult education opportunities that may be available on base.

**College**

The Voluntary Education Center provides on base college programs from Basic Skills to Doctorate programs. The team provides education counseling regarding college admission, licensures, Tuition Assistance, financial aid, and Veteran Education Benefits. There are 8 colleges and universities aboard MCB Quantico providing 46 programs. The center offers both face-to-face and online classes. We offer free educational counseling services to active duty, reserves, family members, veterans and DoD employees.

We are a fully stocked DANTES testing center. We offer CLEP and DANTES exams online for instant results. These exams if passed may be used for college credit. These exams are offered to anyone who is associated with the base but only free to active duty and reserves. We offer SAT and ACT admissions exams to active duty and reserves. Included in our testing program are all of the military exams such as AFCT, DLAB, DLPT and Federal Aviation Administration testing. The center also offers Pearson Vue test administration.

**AVERETT UNIVERSITY:** Offers the following degrees on base at Quantico: Bachelor of Business Administration, Executive Master of Business Administration. Class are accelerated and run 5-10 weeks based on the course and degree. Students attend class one night per week from 1800-2200. For more information, contact eneveu@averett.edu or 703-640-7498.

**CENTRAL TEXAS COLLEGE:** Offers, online, the Associate of Arts, the Associate of Science, the Associate of Applied Science, the Associate of Arts in General Studies, and certificates of completion. Eight-week semesters start monthly. For more information, contact 703-630-0111 or RQuantico@ctcd.edu or visit Mon-Thu 7:00 a.m. – 3:30 p.m. and Fri 7:00 a.m. – 11:00 a.m.

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY AND MICROSOFT** are working together to offer the Microsoft Software and Systems Academy (MSSA) program in Cybersecurity. For more information, call 571-406-6845 or e-mail Quantico.Campus@erau.edu. Visit worldwide.erau.edu/Microsoft.

**FLORIDA INSTITUTE OF TECHNOLOGY:** Offers specialized Master’s Programs in Acquisition & Contract Management, Human Resources Management, Logistics Management and Logistics Management in Humanitarian and Disaster Relief, and Project Management. For more information, call 703-630-1300 or e-mail flncr@aol.com.

**NORTHERN VIRGINIA COMMUNITY COLLEGE:** Offers Associate of Science degrees in General Studies, Associate of Arts degrees in Liberal Arts, and Associate of Applied Science degrees in Administration of Justice and Information System Technology. NVCC offers over 150 associate degrees and certificates at the 6 local area campuses and the Extended Learning Institute. Classes are available at Quantico and online in addition to the campuses. A representative is available Mon-Thu 9:30 a.m. – 4:30 p.m. and Fri 9:30 a.m. – 12:00 p.m. For more information, call 703-640-6303 or e-mail d Duffy@nvcc.edu.

**PARK UNIVERSITY:** Offers Bachelor of Science degrees in Computer Science, Criminal Justice Administration, Management, Social Psychology, Management/Computer Information Systems, Management/Human Resources, Management/Marketing Management/Logistics, and Management/Healthcare. Associate of Science degrees in Computer Science, Criminal Justice Administration, Management, and Social Psychology are available. Park offers classroom courses on base and at other sites in the area in addition to online courses. For more information, please call 703-525-PARK (7275) or e-mail quan@park.edu.

**OLD DOMINION UNIVERSITY:** OLD DOMINION UNIVERSITY: ODU offers over 70 programs at the undergraduate, graduate, and doctoral levels as well as multiple certificates. Programs include Leadership, Education (Leading to Licensure and Teaching Endorsements), Engineering, Business, Communications, Health Sciences, and Nursing (RN-BSN). Representatives are available Mon-Thu 9:30 a.m. – 4:00 p.m. and Fri 9:30 a.m. – 12:00 p.m. For more information, call 703-630-2226 or e-mail qmcb@odu.edu.

**UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE:** UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE: UMUC offers a wide range of programs, including 29 Bachelor’s degrees, 19 Master’s degrees, a Doctoral program, and more than 80 certificate programs. UMUC now offers free online textbooks for all undergraduate programs. For more information, please contact the Student Service Representative at 703-630-1543 or e-mail Joni.Gonzalez@umuc.edu.

**Tuition Assistance**

All active duty Marines are eligible for tuition assistance funding. Navy personnel and Marines receive up to $250 per credit hour and up to $4,500 per fiscal year for accredited programs. Navy personnel are limited to 16 semester hours per fiscal year. Navy personnel must contact the Virtual Education Center at 877-838-1659.
Library

Marine Corps General Library Program

The Marine Corps General Library Program supports the quality of life and well-being of Marines and their families amidst diverse circumstances. The Headquarters Library Program extends library services to remote Marines, coordinates policy and manages reporting requirements for the installation libraries. Twelve main libraries and 16 branch libraries provide collections, in all formats, in support of professional, educational, informational and recreational pursuits. A joint integrated library system, or ILS, and virtual library website provide online access to additional electronic resources and services.

On installations, libraries play an important role in the professional lives of Marines and their family members. Collections include academic and professional research resources so Marines can readily locate commandant of the Marine Corps professional reading titles, earn college degrees or certifications, update their promotion package, prepare for transition and retirement and expand future career opportunities. Several on-installation colleges offer orientation classes in library research skills at installation libraries. The Voluntary Education Program and libraries work in cooperation to meet the needs of Marines receiving tuition assistance. Materials for Marines preparing for College Level Examination Program, or CLEP, and Defense Activity for Non-Traditional Education Support, or DANTES, tests are in high demand, and library computers are often used to take practice tests. The ILS extends the use of each library’s collection beyond the physical building. The system supports remote access to databases and the libraries' electronic catalogs and provides an online public catalog for locating and delivering interlibrary loan materials that meet a scholar’s demands, a historian’s needs or a hobbyist's interests.

On-installation libraries extend opportunities for community sharing, learning and entertainment for single Marines, families and families of deployed Marines. A thematic summer reading program has been standardized to support mobile military children. Library events vary by installation and may include an early literacy program, story times, makerspaces, book clubs, game nights, multicultural activities, book displays or access to a private webcam for meetings between deployed personnel and their families.

The Headquarters Library Program procures online databases to provide academic research, professional resources and recreational material available anytime, anywhere for Marines and their families. The virtual library portal provides access to a wide variety of general and subject-specific research databases for all ages, hundreds of self-improvement classes and digital magazines. Online homework tutoring is provided 24/7 through Tutor.com for K-12 students on subjects such as writing, mathematics through calculus, science and history. Librarians support cultural awareness and overseas families by registering library patrons for Transparent Language Online, an online foreign language program. Marine Corps library patrons are also eligible to access additional electronic research databases, audio and eBooks, genealogy resources and newspapers through the Navy Digital Library.

Seven of the Marine Corps general libraries have been awarded Premiere General Library certificates from the Department of Defense. Camp Foster library was selected the 2006 Federal Library/Information Center of the Year (large library category) by the Federal Library and Information Center Committee of the Library of Congress. Every success is the outcome of dedication to sustaining and improving the quality of life for Marines and the Marine Corps community.

Morale, Welfare and Recreation Digital Library

Our mobile military members often don’t have the resources of a brick and mortar library on hand. The Morale, Welfare and Recreation digital library provides those resources for members in transit, at foreign missions or remote sites, and for deployed personnel. Access to library materials in electronic and downloadable format is available online, 24/7. The library provides recreation, lifelong learning and reference and career resources for all ages and interests. All resources, including audio and ebooks, are available free to service members anywhere there is access to the Internet.

The Morale, Welfare and Recreation digital library resources include the following:

Books, with thousands of fiction and nonfiction titles, including animated children's books
Databases that support education, research and career growth
Resources that provide information on repairing a car or a small engine
Learn more about the Morale, Welfare and Recreation digital library at Military OneSource.

Housing - Overview

Government Housing
Privatization

Housing aboard MCB Quantico is owned, managed, and maintained by Lincoln Military Housing. Lincoln Military Housing is located at 13201 Perkins Street. For on base housing call 703-432-8500. For off base housing referrals call 703-784-2711/2291, DSN 312-278-2711/2291. Assignment to housing is not mandatory at Quantico. Quarters are diverse in size, shape and style.

EFM Housing

EFMP Manager in close coordination with Family Housing and Lincoln Military Housing work closely together to meet the needs for Cat 4 families and other families assigned to the program. A family, Cat 4 priority, inbound should have their EFMP coordinator contact the Quantico EFMP Office at 571-931-0524 as soon as possible. Our goal is to have a home available upon your arrival. Families, Cat 4 status, are given priority to housing. Homes on base have air conditioning and were constructed to accommodate special needs for all ranks.

Check-in for Housing

Once a service member has detached from his/her last command he/she may check in for housing purposes prior to the official check in to their unit. The service member with detachment orders can check in with the Office-In-Charge, Installation Personnel Administration Center (IPAC) located on the 2nd deck of building 2006 (H & S BN) Hawkins Ave. The service member then can provide endorsement and orders to the housing office to place their name on the waiting list or accept housing. The Lincoln Military Housing Office is open Monday through Friday, 7:00 a.m. - 4:30 p.m. Civilian attire is appropriate.

Wait Times

This is subject to change weekly. Call the housing office before you detach your command. Generally, wait times range from 30 days to 12 months. While waiting for privatized housing, there are a limited number of short term/temporary lodging facilities in the local community that service members can rent weekly or month-to-month. Many of the short term lodging facilities accept pets, some with restrictions and require a non-refundable security deposit. Families with two or more children, and/or a pet(s), will find it DIFFICULT to locate temporary (1 to 3 month) rentals, and may wish to consider alternate temporary arrangements.

Single Service Member Housing

Please contact Head, Bachelor Housing Branch, G-4 at 703-784-1204.

Non-Government Housing

Housing Referral Office (HRO) -- Your contact for any problems you may encounter (discrimination complaints, tenant/landlord disputes, or any questions/problems about off base housing) is the HRO. Staff are available to assist you in a person to person basis to make your move to this installation an easy and pleasant one. They can provide a list of rentals with corresponding locator maps and give you information regarding the area in which rentals are located.

Housing - Temporary

Temporary Lodging Facility (TLF)

Facilities

The Crossroads Inn features 78 comfortable rooms, 42 efficiencies and 24 two-room suites, offering home-away-from-home surroundings. Soda vending machines are located on each floor with washers and dryers available (nominal fee) in the first floor vending area. Complimentary coffee and donuts are provided daily to save time and trouble in the morning. For those traveling with children, a playground is located on site. Meeting room facilities capable of accommodating up to 25 people are available at a nominal charge. For more information or to make reservations, call 703-630-4444 or 1-800-965-9511.

Eligibility/Reservation

All grades accepted, leave or official duty. Reservation policy varies with purpose of stay.

Pets

Sorry, but no pets will be permitted at The Crossroads Inn.

Amenities
Single Room
Rooms feature two double beds, four-drawer credenza, night stand, table with two chairs, lounge chair, luggage stand, TV/DVD, iron and ironing board, refrigerator, microwave, coffee maker, clock radio, phone with voicemail, and data port access for laptop computers.

Two-Room Suites
Two-room suites feature all of the amenities provided in the rooms with thoughtful upgrades including a full-sized sleeper sofa, table with four chairs and two TV/DVDs. The suites also have a fully stocked kitchen area with refrigerator, microwave, toaster, two-burner range top, wet bar/sink and dishwasher loaded with dishes, flatware, glasses and mugs. Some cookware is also provided.

Efficiencies
Efficiencies feature a double bed, sleeper sofa, clock radio, TV/DVD, refrigerator, microwave, iron and ironing board, dishwasher, coffee maker, toaster, two-burner stovetop, dishes, and pots and pans.

Housing - Government

Family Housing

Privatization
Housing aboard MCB, Quantico is owned, managed, and maintained by Lincoln Military Housing. Call the Lincoln Military Housing Office for on base housing assistance at 703-432-8500. The Lincoln Military Housing Office is open Monday - Friday, 7:00 a.m. - 4:30 p.m. Civilian attire is appropriate.

Application
Service members can apply for housing prior to arrival by mailing or faxing a DD 1746 (Housing Application) along with detachment or web orders. The DD 1746 can be obtained from any housing office. The service member with detachment orders can check in with the Officer In Charge, Installation Personnel Administration Center (IPAC) located on the 2nd deck of building 2006 (HS BN) Hawkins Ave. The service member can then provide endorsement and orders to the housing office in order to place their name on the waiting list or to accept available housing. The detachment date from your last permanent duty station is what becomes the control date on the wait list.

Availability
The status on the wait times can change weekly. We encourage the service member to call the housing office before detaching from their current duty station. Generally, wait times range from 30 days to 12 months. If, based on your rank and bedroom size the wait for privatized housing is long, you can utilize the Housing Referral Services provided. They will assist you with rentals and sales of townhouses, homes and/or rentals of apartments.

EFM Housing
The Exceptional Family Member Program (EFMP) Manager, in close coordination with Family Housing and Lincoln Military Housing, work closely together to meet the needs for Cat 4 families and other families assigned to the program. An in-bound family, Cat 4 priority, should have their EFMP coordinator contact the Quantico EFMP Office at 571-931-0524 as soon as possible. Our goal is to have a home available upon your arrival. Families, Cat 4 status, are given priority to housing. Homes on base have air conditioning and were constructed to accommodate special needs for all ranks.

Single Service Member Housing
Please contact Head, Bachelor Housing Branch, G-4 at 703-784-1204.

Household Goods - Overview

Arranging Household Goods Shipments
As soon as you are alerted to your upcoming permanent change of station move, you can start getting your house and family ready. Clean up and get rid of junk. Hold a yard sale or donate serviceable items you no longer need. Gather important family records.

If you are moving overseas, begin to plan what items will go in unaccompanied baggage, in your household goods
shipment and in permanent storage. Remember, in overseas areas, the electric current may be different and houses are generally much smaller than those in the United States. These are good questions to ask your sponsor.

**Household Goods Shipping Process**

The Defense Personal Property System is the online system you will use to manage your household goods shipment. For how-to guides to assist with your application go to [Move.mil](http://Move.mil).

**Pets**

Moving with your pet includes researching airline requirements and quarantine restriction laws in your new location. Many airlines have requirements for size, weight, breed, number of animals, kennel construction, documentation and seasonal limitations. Small pets may be shipped on military flights, but availability and regulations are always changing. Search [Move.mil](http://Move.mil) for more general information on shipping pets.

Many international locations have strict importation laws, including extended quarantines and restrictions on breeds or types of animals. Carefully research these rules as they could impact your moving schedule. You may also find some locations in the United States that have restrictions on certain animals and breeds. Review your new installation’s ”Shipping Pets” in [MilitaryINSTALLATIONS](http://MilitaryINSTALLATIONS) for details.

"It's Your Move"

Review the U.S. Transportation Command booklet, "It's Your Move," for detailed information on weight allowances, the household goods shipping process, storage, automobile shipments, claims processes and the customer satisfaction survey.

**Installation Specific Information**

**Household Goods - Shipping Pets**

**Marine Corps Official Pet Policy**

The United States Marine Corps has set official policy on types of dogs allowed in installation housing and other rules surrounding pets on base. You must read this [policy](http://policy) before you plan your move, if you plan to live in government housing.

**Registration and Licensing**

Pets (limit 2) must be registered with the Provost Marshal’s Office (Bldg 2043) and proof of registration and certification documents must be provided to the Family Housing Branch prior to accessing housing. To register your pet(s) you must have proof of up to date vaccinations and an implanted microchip. For further information call 703-784-3336.

Virginia law requires that all dogs and cats be licensed. They must be 4 months old and be vaccinated against rabies. Licenses can be obtained at veterinary offices and the County Court House.

**Veterinary Services**

The Veterinary Treatment Facility is located in Bldg 3310 on Purvis Road and holds clinics on Tuesday and Fridays by appointment only. Over-the-counter sales and scheduling an appointment can be accomplished on Tuesday, Thursday, and Friday from 8:00 a.m. to 3:30 pm (closed from 12:00 p.m. - 1:00 p.m. for lunch) by calling 703-784-2770.

The Quantico MCB Veterinary Treatment Facility offers vaccinations, heartworm and feline leukemia testing and limited sick call for the privately owned pets of active duty service members, reservists on active duty with orders, and retirees.

**Vaccinations**

Pets in this area need vaccinations yearly. Dogs should be tested for heartworms and placed on preventative medication year round. Rabies vaccinations (usually good for one to three years depending on the age of the animal) are required to be kept up to date.

**Boarding**

There are no pet boarding facilities at Quantico. Some local kennels are listed below:

- Dogs DelitePet Sitters, 1331 Aquia Drive Stafford, VA, 540-659-2927
- Dumfries Pet Center, 601 N. Main Street Dumfries, VA, 703-221-6926
- Silverbrook Kennels, 50 Redfox Lane, Fredericksburg, VA, 540-720-3661
Special Needs

The Exceptional Family Member Program

When you're moving, your to-do list can seem long enough to fill a packing box. But if your family has special medical or educational needs, help is available before, during and after your move. Enrollment in the Exceptional Family Member Program provides military families with special needs consideration during the assignment process and access to support services to help navigate the medical and educational system.

The Exceptional Family Member Program has three components:

- Identification and enrollment of a family member with special medical or educational needs
- Assignment coordination to determine the availability of services at the projected duty station
- Support to help families identify and access programs and services

Who should enroll in the program?

Family members with special medical or educational needs lasting longer than six months are required to enroll in the EFMP including spouses, children and dependent adults who:

- Require special medical services for a chronic condition such as asthma, attention deficit disorder, diabetes, multiple sclerosis, etc.
- Receive ongoing services from a medical specialist
- Have significant behavioral health concerns
- Receive early intervention or special education services through an individualized education program or individualized family service plan

Why enroll in the program?

Enrollment in the EFMP is mandatory for Active Duty, and ensures that family members' documented medical and educational needs receive consideration during the assignment coordination process. Through the EFMP family support office, families can receive assistance with navigating military and community support systems.

How do families enroll in the program?

Families can enroll by obtaining paperwork from the EFMP medical point of contact at their local military treatment facility, The EFMP Liaison, or in the Marine Corps, from Marine Corps Community Services. The forms for enrollment are:

- Department of Defense Form 2792, "Family Member Medical Summary." The service member, spouse or adult family member completes the first page to document medical needs. The family member's physician or other qualified medical professional completes the rest and includes the diagnosis, frequency of care, medication and any special accommodations the family member requires.
- Department of Defense Form 2792-1, "Special Education/Early Intervention Summary." The sponsor, parent or legal guardian completes items one through seven of the first page to document educational needs. School or early intervention program personnel complete the remainder of the form, which includes the child's educational diagnosis. A copy of the individualized education program or individualized family service plan pairs with the form.

What is assignment coordination?

The military mission is the driving force behind the assignment process, but enrollment in the EFMP ensures that family members' documented needs are considered in the process. Assignment coordination occurs when the personnel command requests that Department of Defense medical or educational professionals review a family member's documented needs to determine availability of services at a projected location. Assignment coordination is important because access to appropriate medical and educational services may be limited in some areas, especially in overseas and remote locations. This process helps to eliminate the need for early returns from sea, HUMS and hardship discharges.

What is family support?
The EFMP family support function is provided by the EFMP case liaison and helps families identify and access programs and services. Family support includes, but is not limited to, the following:

- Information and referral for military and community services
- Warm handoffs to the EFMP at the next location
- Nonclinical case management

**What is the role of the EFMP Liaison?**

The role of the family support provider includes:

- Helping families on the path to empowerment by providing information and referral services, non-medical case management, education and other supports
- Helping relocating families pinpoint and navigate formal programs and services and informal supports
- Bridging gaps in programs, services and support by informing families on what is available, and how to apply for benefits and entitlements

**How do families access their EFMP case liaison?**

Access the EFMP case liaison by visiting or calling the Fleet and Family Support Center at 202-685-0229 and asking for a referral to a special needs consultant.

**How can families help ease the transition to a new school system following a move?**

In addition to the support available from the installation Military and Family Support Centers and Military OneSource consultants, MilitaryINSTALLATIONS provides some suggestions for making the transition easier as your child enters a new school system following a move to a new duty station. The article, "Preparing for Your Move," provides tips for what to do prior to and after your move to help create a smooth transfer between schools.

Additionally, military families can learn about the Education Directory for Children with Special Needs for information on special-needs issues and listings of national and local resources for early intervention (for infants and toddlers) and special education (for school-age children) services.

**Special Needs - EFMP Enrollment**

Military families often relocate every two or three years. Below are suggestions for making the transition easier as your child enters a new school system following your family's move to a new duty station in the states or a Department of Defense Education Activity school overseas.

**Relocating: things to remember**

At least 30 days prior to your move:

- Notify the school or early intervention agency of your impending move and request a copy of your child's educational records.
- Obtain your child's most recent transcripts, grade reports and all pertinent medical records, including inoculation records, prescriptions and dosages.
- Contact the new school district or early intervention agency for specific information about programs on or near the installation where you will be living. Use the State, School District and Installation Information sections of the Education Directory for Children with Special Needs to identify the districts in your new location and find information about early intervention agencies. The directory provides helpful tools to assist families with infants and toddlers and school-age children transitioning to a new educational program.
- If your child has special needs and is receiving early intervention or special education services, request a copy of the following information:
  - Latest individualized education program or individualized family service plan, including the most recent progress report
  - Your child's most recent eligibility determination report for special education services, including early intervention
  - The names of textbooks or other materials that have been effective for your child
  - Adaptive equipment and assistive technology such as communication devices or modified key boards that your child uses in school
- As you leave your duty station, you should:
  - Hand carry a copy of your child's inoculation records and the information you collected about your child's educational program.
  - Take any special equipment, medication refills and supplies (for example, hearing aid batteries) that your child may need in the next two months.
Keep contact information for your child’s current teacher or early intervention specialist in case there are questions at your new school or early intervention agency.
Provide the staff at your child’s current school with the contact information for the special education staff at your child’s new school to speed the transfer of your child’s information.
When you arrive at your new duty station, you should:
Take the hand-carried educational information, including immunization records, with you to enroll your child in the local school.
Notify the new school that your child has special needs. Sign appropriate releases so the new school can request official copies of your child’s records.
Request copies of any publications about the school’s special education services.
It is easier for the receiving school to start the appropriate special education or early intervention services for your child when you hand-carry important information about your child. The current individualized education program will be recognized by the school’s special education committee and interim services can be provided within days. Each state has different policies or procedures that guide its special education and early intervention programs. Do not expect to use the same forms and procedures that were used at your previous location. You should expect that every effort will be made to meet your child’s needs.

Special Needs - EFMP Family Support

Background
The Education Directory for Children with Special Needs was developed to support military families who have children (birth through 21) with special educational needs. Military families can consult the directory for information on special-needs issues and listings of national and local resources for early intervention (for infants and toddlers) and special education (for school-age children) services.

Highlights
The Education Directory for Children with Special Needs is a valuable resource for military families. The directory:
helps families identify the early intervention agencies and public school districts located near the installation prior to moving
allows users to make more informed decisions and more easily navigate local early intervention and special education systems
includes information on a range of disabilities affecting school-age children and on early intervention service providers and resources for infants and toddlers
provides practical suggestions (Tools for a Smooth Transition) for relocating families

Special Needs - Health Care

Military treatment facilities
The clinics and services available at military treatment facilities vary by location. Before you move, identify the military treatment facility that will serve you, visit its website to learn about the services available and get contact information.

Moving to a new TRICARE region
If you anticipate a move to another TRICARE region, work with your local TRICARE service center or case manager before your move to ensure the transition is as smooth as possible. On arrival at the new duty location, you or your sponsor should contact the beneficiary counseling and assistance coordinator or the TRICARE service center to ensure the transition plans are in place and to obtain authorizations for TRICARE Extended Care Health Option services, if applicable.

Beneficiary counseling and assistance coordinator
All TRICARE regional offices and most military treatment facilities are staffed with beneficiary counseling and assistance coordinators. They provide information, guidance and assistance on benefit options, TRICARE Prime enrollment, special authorizations, status of claims, eligibility and assistance with referrals and appointments. If you or your family member has more severe needs, contact your TRICARE case manager.

Case management
Case management involves a team of health care professionals who help you and your family find solutions to complex health problems. It is important to inform your case manager if you are moving as he or she will connect you with the case manager at your new location.

Extended Care Health Option

The Extended Care Health Option provides financial assistance to beneficiaries of active-duty service members who qualify based on specific mental or physical disabilities. The Extended Care Health Option offers an integrated set of services and supplies beyond the basic TRICARE program. Regional contractors in each of the TRICARE regions and overseas administer the program.

Transporting medical equipment

Contact your installation’s household goods/transportation office for information on special procedures for the transportation of medical equipment.

Federal and state health care programs

Medicaid provides health coverage for individuals and families with low incomes or have a disability. The department of social services or the department of medical assistance may administer the Medicaid program in your state. Supplemental Security Income, or SSI, is a cash assistance program intended to meet basic needs for disabled adults and children who have limited resources. Families must reapply after moving to a new state.

Many states offer services for children with special health care needs funded by the Maternal and Child Health Services Block Grant, or Title V. State departments of health websites and local health departments can provide information on state health benefits. The Maternal and Child Health Bureau website has more information, including state points of contact.

Other important resources

TRICARE debt collection assistance officers assigned to regional offices and military treatment facilities worldwide can help beneficiaries understand and get assistance with debt collection issues related to TRICARE.

Installation Specific Information

Educational and Developmental Intervention Services (EDIS)

EDIS is an early intervention program for infants and toddlers living on Quantico Marine Base. It provides an array of services to include developmental screenings and evaluations, service coordination, referrals and therapy services for children who meet the program eligibility requirements. EDIS offers services for children from birth up to 3 years of age. At age 3, the Quantico schools offer these services.

There are two ways to qualify for services. Some infants who are born early, or who have a condition diagnosed at birth, may be eligible for services. Children may also qualify if they have a certain amount of delay in their development. With the parent’s permission and participation, EDIS will conduct an evaluation to find out how your child is doing in all areas of development.

EDIS offers physical therapy, occupational therapy, special education services, speech and language services, and social work services. If your child qualifies for the program and you are interested in receiving services, an Individualized Family Service Plan (IFSP) will be written with you to define what you want your child to learn to do, and the service(s) that are needed to meet your goals.

All EDIS services are provided in the child’s natural environment. Most often this is the home, but EDIS can also see your child at the Child Development Center, FCC home, or in other settings such as Library Story Time, play groups through the New Parent Support Program, or even at locations such as a playground.

Marine families living off the base should contact their local county early intervention program for services.

Exceptional Family Member Program (EFMP)

Reminder: Children receiving Early Intervention Services must be enrolled in the Exceptional Family Member Program (EFMP). Reference: MCO 1754.4

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty personnel with family member(s) that have diagnosed medical or educational conditions per MCO P1754.4A. The primary goal of the EFMP is to ensure that the special medical and educational needs of the family member can be met before, during and after relocation due to Permanent Changes of Station (PCS) orders.

Enrollment into the program requires completion of DD Form 2792 (Exceptional Family Member Medical Summary) on the diagnosed family member and/or in addition to DD Form 2792-1 (Exceptional Family Member Special Education/Early Intervention Summary) for school age children on an Individualized Educational Plan (IEP). Upon completion of the
necessary form(s), the process for category assignment will take approximately 6-8 weeks.

Depending on the severity of the diagnosed condition and the treatment required, a service member can receive a category assignment of one of the following:

Category 1: Needs generally do not limit assignment
Category 2: Pinpoint assignment overseas and within the Continental United States
Category 3: No overseas assignment
Category 4: Major medical areas within the Continental United States

Service members will be required to update their enrollment every two years by completing the above mentioned forms and enrollment in the program remains in effect until the medical/educational condition is no longer a consideration. You may dis-enroll from the program by completing the DD form 2792 and/or 2792-1 with documentation from a medical doctor stating that services are no longer needed.

Benefits of EFMP include access to information on groups and programs, assignment for priority housing for category 4 active duty personnel, advocacy, and support services.

Education - Special Education/EIS

Early Intervention and Special Education Services

Children from birth to 3 years of age

The Individuals with Disabilities Education Act, or IDEA, requires all states and territories to provide early intervention services to children from birth to 3 years of age who have or are at risk for having developmental delays. Local school districts or health departments often provide these early intervention services. The program is called by different names in different areas, but it is often called Part C (because Part C is the section of the law that pertains to early intervention). The National Early Childhood Technical Assistance Center provides a list of state Part C directors and funded programs on their website. Also, Military OneSource can assist you in identifying early intervention programs in your area.

When moving, you should hand carry copies of your child’s individual family service plan and the most current evaluation reports to your new home to ensure they are not lost.

Children between 3 and 21 years of age

The IDEA requires all states and territories provide special education services to eligible children between the ages of 3 and 21. Each local school district has a special education director, and each school should have an individualized education program team or school-based committee that attends to students with special education needs.

The IDEA requires that if a child transfers to a different district in the same state, the receiving school must provide comparable services until the new school develops and implements a new individualized education program. If a child transfers to another state, the receiving district must provide comparable services until the receiving district completes an evaluation and creates a new individualized education program.

If you are moving and your child receives special education and related services, you should hand carry all pertinent school and medical documents, including the individualized education program and current evaluation reports. Hand carrying these documents ensures that they are not lost and allows the new school district to begin the process as soon as you move.

Other resources

Parent Training and Information Centers serve families and adults with special needs from birth to age 26. They assist families in getting appropriate education and services for their children, work to improve education services for all children, train and inform parents and professionals, resolve problems between families and schools or other agencies, and connect those with disabilities to community resources. Find out more at the Center for Parent Information and Resources website.

Installation Specific Information

The NY/VA DDESS District provides services to students with disabilities in three separate geographic locations in the following grade levels:

Grades PK – 12 at Marine Corps Base Quantico – Quantico, VA
Grades PK – 8 at Dahlgren School – Dahlgren, VA
Grades PK – 8 at the United States Military Academy – West Point, NY

The Department of Defense has two programs that provide services to children with developmental delays and disabilities, in accordance with the Individuals with Disabilities Education Act (IDEA).

**Infants and Toddlers (birth to 3 years old)**

Educational and Developmental Intervention Services (EDIS) is a military medical department program that provides early intervention services to infants and toddlers from birth until three years of age. EDIS is available at all locations where there is a DoD school.

**School Age (3-21 years)**

The Department of Defense Education Activity (DoDEA) provides special education to children from 3 through 21 years of age who have a disability. Various grade level services are available at different installations.

**Services Available**

*Preschool (3-5 years of age):* At least one elementary school per site in NY/VA DDESS has a preschool program for children with developmental delays or identified disabilities.

*Autism Spectrum Disorder (ASD):* The schools in NY/VA DDESS can provide services for students with the diagnosis of autism who require a minimal level of service, individual support or more intensive special education services. The schools provide direct instruction in the general education classroom or in a resource room in accordance with a student's needs.

*Communication/Speech Impaired:* The schools can provide comprehensive speech and language services in individual, small group, and/or general education classroom settings.

*Emotionally Impaired:* Part time services are available on an as-needed basis to support children in the general education classroom or resource room setting. Comprehensive services to address all of a student's needs may not be available within the schools. In a few instances, special education and related services that address all of a student's needs may not be able to be provided within the DoDEA schools. When such an occurrence arises, the Case Study Committee must locate an appropriate educational setting outside of the installation within surrounding jurisdictions that can address all of a student's needs, including transportation, at no cost to the parent.

*Intellectual Disability (Mental Retardation):* The schools in NY/VA DDESS located at West Point and Quantico can provide services for students with moderate to severe mental retardation who require a specialized environment for the majority of the school day. A specialized curriculum, including training in activities of daily living and pre-vocational support are available at these two sites. Students with moderate to severe mental retardation enrolled at Dahlgren School may be recommended for an off-site placement.

*Specific Learning Disability:* The schools in NY/VA DDESS can provide services for students with learning disabilities who might need to be in a resource room up to the majority of the day.

*Hearing Impaired:* Students with deafness who require services of a Teacher of Hearing Impaired (HI) within a HI program are likely to be recommended for placement in one of the surrounding jurisdictions as there is no Teacher of HI on staff at any of the sites in NY/VA DDESS. For students with milder hearing impairments, a variety of support services including interpreter services, HI Teacher consultative services (both of these services require a 4-6 week turn-around time to obtain contracts), classroom accommodations and/or modifications, and speech/language therapy services are available in the schools.

*Visually Impaired:* There is no Teacher of Visual Impairment on staff at any of the sites in NY/VA DDESS. Students with blindness/visual impairments who require comprehensive VI services may receive these services in the NY/VA DDESS, however, there is a 4-6 week turn-around time to contract for this service and for orientation and mobility services. Ongoing support is provided for students with low vision in a general education classroom with accommodations/modifications such as large print books, magnified texts, environmental modifications for light control and/or preferential seating.

**Special Education Records**

Parents of children enrolled in special education should hand-carry all pertinent school and medical documents to include their children's Individualized Education Program (IEP), current testing and evaluation reports.

If your child requires specialized equipment (for example large print books, an FM trainer, or Braille services) contact the Area Special Education Coordinator in NY/VA DDESS at Marine Corps Base Quantico.

**Installation Specific Information**
Special Education and Related Services

Special education and related services are provided at all of the base schools to address the needs of all students ages 3-21 years old in grades PK - 12 who meet DoDEA eligibility criteria. Students must reside in base housing to enroll in the base schools and to be considered for eligibility to receive special education services. In most cases, services are provided in the DoDEA schools located on the military installation. This service delivery model is in support of the inclusive philosophy held by DoDEA in which students are educated to the maximum extent possible with non-disabled peers in their neighborhood schools. Students with disabilities may receive special education support services in general education settings. In some instances, students with disabilities may receive individual and/or small group instruction in general education or resource room settings.

In a few instances, special education and related services that address all of a student's needs may not be able to be provided within the DoDEA schools. When such an occurrence arises, the Case Study Committee must locate an appropriate educational setting outside of the installation that can address all of a student's needs, including transportation, at no cost to the parent. Students with deafness who require services of a Teacher of Hearing Impaired (HI) within a HI program are likely to be recommended for placement in one of the surrounding jurisdictions. There is no Teacher of HI on staff at MCB Quantico. Historically, the Prince William County Schools District has provided qualitative program-based services for students with deafness.

For students with milder hearing impairments, a variety of support services including interpreter services (requires a 4-6 week turn-around time to contract for this service), classroom accommodations and/or modifications, and speech/language therapy services are available in the schools.

Students with visual impairments are served in the base schools, however, there could be a 4-6 week turn-around time to contract for this service as there is no Teacher of Visual Impairment on staff at MCB Quantico.

Pre-School

Universal preschool services are available for all four year olds who meet the district age requirement. Preschool Services for Children with Disabilities (PSCD) are available to children ages 3-5 with developmental delays and disabilities. There is a wide range of services provided to children in the PSCD programs to promote a continuum that includes services with non-disabled peers in the schools and/or the community. In some individual cases, services are provided in the home setting.

Contacts

Pupil Personnel Services Coordinator
New York/Virginia DDESS District
MCB Quantico
PPS Office
3308 John Quick Road
Quantico, VA 22134
703-432-0281
Fax: 703-432-1130

Local Community EDIS Information

Exceptional Family Member Program

The Exceptional Family Member Program (EFMP) is mandatory for all family members who have been identified with a special medical or educational need. Enrolling in the EFMP ensures that the family member's medical needs will be considered during the assignment coordination process.

Children from Birth to Three Years of Age

The Individuals with Disabilities Education Act (IDEA) requires all States and territories to provide early intervention services to children from birth to age three who are developmentally delayed, or who are at high risk of being developmentally delayed. Early intervention services may be provided by local school districts or health departments. There is no common name across States for the programs, but you may hear them referred to as Part C programs (because Part C is the section of the IDEA that pertains to early intervention).

The National Early Childhood Technical Assistance Center provides a list of State Part C directors and funded programs at their web site. Military OneSource can identify local early intervention programs for you.

Parents of children who receive early intervention services should hand-carry a copy of the Individual Family Service Plan (IFSP) and most current evaluation reports to the new location.

Children from 3 through 21 Years of Age
The Individuals with Disabilities Education Act (IDEA) requires all States and Territories to provide special education services to children who are from 3 through 21 year of age. Each local school district has a special education director, and each school should have a case study committee or school based committee (terms differ) that attends to special education students’ needs.

Parents of children receiving special education and related services should hand-carry all pertinent school and medical documents to include their children's Individualized Education Program (IEP) and current testing and evaluation reports to the new school.

The IDEA requires that if a child transfers to a district in the same state, the receiving school must provide comparable services to those in the child's IEP from the sending district's until the new school develops and implements a new IEP. If a child transfers to another State, the receiving district must provide comparable services to those in the child's IEP from the sending district until the receiving district completes an evaluation and creates a new IEP.

Others who can help you:

Parent Training and Information Centers Each state is home to at least one Parent Training and Information Center (PTI). PTIs serve families of children and young adults from birth to age 22 with all disabilities: physical, cognitive, emotional, and learning. They help families obtain appropriate education and services for their children with disabilities; work to improve education results for all children; train and inform parents and professionals on a variety of topics; resolve problems between families and schools or other agencies; and connect children with disabilities to community resources that address their needs. The Technical Assistance Alliance for Parent Centers provides addresses and phone number of the centers in your state.

STOMP (Specialized Training of Military Parents) is a federally funded Parent Training and Information (PTI) Center established to assist military families who have children with special education or health needs. The staff of the STOMP Project are parents of children who have disabilities and have experience in raising their children in military communities and traveling with their spouses to different locations.

Washington PAVE
STOMP Project
6316 So. 12th St.
Tacoma, WA 98465
253-565-2266 (v/tty)
1-800-5-PARENT (v/tty)
Fax: 253-566-8052
Email

Health Care - Overview

Moving with TRICARE

When you move, TRICARE moves with you. It's there before, during and when you get to your next duty station. It's available worldwide. There are steps you need to take to make sure changes to your TRICARE coverage go smoothly. With your move, you may have to use a different TRICARE option.

Please note:

You and your family members have to show as TRICARE eligible in the Defense Enrollment Eligibility Reporting System, or DEERS.

For TRICARE plan information, visit the TRICARE Plan Information Kits page.

Regional and overseas contractor information is available on TRICARE's Contact Us page.

Print out the TRICARE contact wallet card and keep it with you.

Always keep personal contact information current in DEERS, especially your address and email.

Prime options

Prime options in the United States

If you live in a Prime Service Area, then TRICARE Prime is an option for you. A Prime Service Area is usually within a 40-mile area of a military clinic or hospital. With Prime, you have a primary care manager, who may be a military or civilian doctor or a team of doctors, who manages your health care needs.

Some active-duty family members may enroll in the U.S. Family Health Plan, or USFHP. The USFHP offers a TRICARE Prime-like option in six areas of the United States. You'll get all care (including prescription drug coverage) from a network provider. With the USFHP, you can't get care at military hospitals and clinics or from TRICARE network providers (emergency exceptions). You have to work with USFHP when get care overseas. Visit the U.S. Family Health
Plan page for more information.

If you don't live in a Prime Service Area, TRICARE Prime Remote is your other option. Eligible family members have to live with their active-duty sponsor (with some exceptions) to enroll in TRICARE Prime Remote. In most cases, your primary care manager is a network provider. If there's no local network provider, you can choose any TRICARE-authorized provider to act as your primary care manager.

Prime options overseas (including U.S. territories)

In overseas locations, you have two options for care:

**TRICARE Overseas Program-Prime** is for active-duty service members assigned overseas. Units are near military clinics and hospitals. To enroll in the program, family members must be command-sponsored. Your primary care manager is a military provider or team of providers.

**TRICARE Overseas Program-Prime Remote** is available in certain remote overseas locations. It's for assigned active-duty service members and their command-sponsored family members. Your primary care manager is the overseas contractor who you contact through regional and country specific call centers.

Note: Active-duty service members must enroll in a Prime option.

When you know you're going to move, call your current TRICARE stateside overseas contractor. Find out if your new location is in a new region and talk about your TRICARE options.

Transferring your TRICARE Prime/Prime Remote coverage

When you move, your Prime options may change. You have to transfer your enrollment if you move to a different region. Some family members may have to disenroll and use TRICARE Standard. Options may vary for each family member. Remember, to enroll in a Prime option overseas, family members must be command-sponsored.

If you move within your current region, you still need to find out if your Prime option changes. You may only need to get a new primary care manager. Again, call your current TRICARE regional or USFHP contractor to talk about your move and your TRICARE options.

Call your current TRICARE regional or USFHP contractor to transfer your enrollment or get a new primary care manager. The contractor will ask about you, your family, where you're moving to and the estimated date you'll get to your new duty station. Your current contractor then shares your information with your new contractor. If you only need a new primary care manager, they will work with you to make that happen. Your new contractor will call you within five business days of your expected arrival date to discuss your Prime enrollment and primary care manager options. Your enrollment transfer will be the day your new contractor calls and you agree to the transfer. It may take up to four business days to record your transfer. You will still have Prime coverage with your old region until the transfer is complete.

Update your address in DEERS as soon as you get to your new location, even if you're in temporary housing.

Log into milConnect to check on your enrollment. You can see who your primary care manager is and print out an enrollment card.

Note: Don't disenroll from Prime before you move.

Other ways to transfer your enrollment include:

Transfer your enrollment online using TRICARE's Beneficiary Web Enrollment Tool. The Beneficiary Web Enrollment Tool will be available in 2016 for those moving stateside from an overseas location. In the Beneficiary Web Enrollment Tool, you can set a date up to 90 days in the future as your enrollment transfer date.

Call your new contractor when you arrive in your new duty location. They can transfer your enrollment over the phone.

Download an enrollment form and mail it to the regional contractor for your new region. Remember to note the date you want the transfer to go into effect. Enrollment information for the USFHP is available on the U.S. Family Health Plan page.

Enroll when you in-process at your new duty location.

To learn more, visit the TRICARE Moving page.

TRICARE Standard and Extra

TRICARE Standard and Extra is an option for active-duty family members. You don't have to enroll—coverage is automatic as long as you show as TRICARE eligible in DEERS. With TRICARE Standard or Extra you can see any TRICARE-authorized provider, non-network or network. You pay a deductible and costs shares.

If you visit a non-network provider, you're using the Standard option. You may have to pay in full up front and file a claim for reimbursement.

If you visit a network provider, you're using the Extra option. You only need to pay your cost share at your appointment.
If you're a family member and don't want to enroll in TRICARE Overseas Program-Prime, or can't enroll because you're not command-sponsored, you have TRICARE Overseas Program-Standard. You can see any civilian provider (except in the Philippines).

If you want or have to use TRICARE Standard when you move, call the new regional contractor to disenroll from Prime when you get to your new location.

If you already using TRICARE Standard and Extra:

**Once you get to your new location, update your personal information in DEERS** as soon as possible. You can update your personal information through milConnect, through TRICARE's Beneficiary Web Enrollment Tool or calling the Defense Manpower Data Center toll-free at 800-538-9552; TTY/TTD: 866-363-2883.

**Find a provider.** If you are within the United States, you can find network and non-network providers by region through the TRICARE Find a Doctor page. If you are overseas, you can find a provider through the TRICARE Overseas website or call the overseas regional call center.

If you’re in a new region, the claims address changes. Check the TRICARE Filing Claims page for your new mailing address.

**TRICARE For Life**

TRICARE For Life is for those who have Medicare and TRICARE. You don't have to enroll - coverage is automatic as long as you show in DEERS as TRICARE-eligible and have Medicare Part A and Part B if needed. When you go to a Medicare doctor, show your Medicare and uniformed service identification cards. Your provider files your claims with Medicare. Medicare pays first and sends the claim to the TRICARE For Life claims processor. TRICARE then pays second for TRICARE-covered services.

If you’re an active-duty family member, you don’t have to have Medicare Part B to keep your TRICARE benefits. You must have Part B to keep TRICARE once your sponsor retires.

When you move, update your personal information in DEERS as soon as possible. To find a new provider:

**If you are within the United States or in U.S. territories** (Guam, Puerto Rico, the Northern Mariana Islands, American Samoa or the U.S. Virgin Islands), you can search the Medicare Provider Directory or call 800-633-4227 to find a Medicare-certified provider. Visit the Medicare website or the TRICARE For Life website to learn more.

**If you are at an overseas location,** TRICARE For Life works a little differently. Medicare doesn’t pay for care overseas, TRICARE is your primary payer. You may get care from any civilian provider. You pay up front and then file a claim with the TRICARE overseas contractor. You have to pay TRICARE Standard deductibles and cost shares. You can find a provider through the TRICARE Overseas website or call the overseas regional call center.

**Getting care along the way**

Before you move, take care of any routine medical needs, including immunizations. Fill your prescriptions so you have enough while traveling. TRICARE defines emergency care as "medical services provided for a sudden or unexpected medical or psychiatric condition or the sudden worsening of a chronic condition that is threatening to life, limb or sight and needs immediate medical treatment or a condition which has painful symptoms that need immediate relief to stop suffering." TRICARE defines urgent care as "medical care for a condition that will not result in disability or death if not treated immediately but should be treated within 24 hours to avoid further complications."

**Emergency care when stateside** – If you require emergency care while traveling in the United States, call 911 or go to the nearest emergency room. Then call your primary care manager or regional contractor within 24 hours of being seen.

**Urgent care when stateside** – If you require urgent care while traveling in the United States, are using a Prime option and you’re close to a military hospital or clinic, go there. You have priority access and you don't need a referral to be seen. Otherwise, if you have Prime, call or contact your primary care manager for a referral and authorization. If you don't get a referral and authorization before being seen, you'll pay the higher point-of-service deductible and cost share. If you have Prime Remote and don't have an assigned primary care manager, call the provider that acts as your primary provider or call your regional contractor.

**Emergency care when overseas** – For emergency care, go to the nearest emergency care location. If you're using TRICARE Overseas Program-Prime or Prime Remote, call International SOS Medical Assistance within 24 hours or on the next business day to get an authorization for the visit and needed ongoing care, and claims payment information.

**Urgent care when overseas** – For urgent care, go to the nearest military clinic or hospital if possible. Visit a U.S. embassy or call the overseas regional call center. You need an authorization before you see a civilian provider. The call center can help you find one. Without an authorization, you'll end up paying a higher point-of-service deductible and cost share. Your claim may be denied if you’re an active-duty member. More information is available on the TRICARE Service Center and TRICARE Area Office websites.

If you’re using TRICARE Standard or TRICARE For Life, you may get urgent care from any TRICARE-authorized provider. If it's after clinic hours or you're not sure if you need to see a doctor, call TRICARE’s Nurse Advice Line at 800-874-2273.
Filling prescriptions while traveling

If you run out of a prescription drug while traveling, contact your military or civilian provider. If you have refills on a military clinic prescription, check to see if your prescription can be moved to and filled by another military treatment facility. If you have refills on your prescription with a major retail pharmacy chain, check with the chain to see if they can transfer your prescription to a local chain pharmacy. If you have refills on a drug you get through TRICARE home delivery, call the TRICARE pharmacy contractor to see what can be done.

If you are within the United States or in U.S. territories and a doctor puts you on a new drug, fill your prescription at a military pharmacy or TRICARE retail network pharmacy. If you are Prime and use a non-network pharmacy, you pay the higher point-of-service deductible and cost share. You may have to pay out of pocket for your drug(s). If so, file a claim with the TRICARE pharmacy contractor. If you are still in an overseas Prime option, you file your claim with the overseas contractor.

If you are an active-duty service member within the United States or in U.S. territories, you can receive dental care at a military dental clinic. Contact the Active Duty Dental Care Program before you see a dentist and tell the contractor about your move. You will need to get an authorization before you see a dentist. The Active Duty Dental Care Program will work with you so you can get care from a local network dentist. For dental emergencies, go to a military dental clinic if possible. If not, get care from any civilian network dentist and have the dentist give you paperwork showing what he or she did during the visit. Make sure you get the dentist’s contact information and call the Active Duty Dental Care Program contractor immediately to let them know about your care so they can work with you to make sure they can pay the claim.

Getting dental care while traveling

Getting dental care while traveling depends on your location and whether you are a service member or family member.

If you are an active-duty service member within the United States or in U.S. territories, you can receive dental care at a military dental clinic. Contact the Active Duty Dental Care Program before you see a dentist and tell the contractor about your move. You will need to get an authorization before you see a dentist. The Active Duty Dental Care Program will work with you so you can get care from a local network dentist. For dental emergencies, go to a military dental clinic if possible. If not, get care from any civilian network dentist and have the dentist give you paperwork showing what he or she did during the visit. Make sure you get the dentist’s contact information and call the Active Duty Dental Care Program contractor immediately to let them know about your care so they can work with you to make sure they can pay the claim.

If you are an active-duty service at an overseas location, you can call the overseas regional call center to get authorization before you see a civilian dentist.

If you are an active-duty family member within the United States, in U.S. territories or at an overseas location, you can find out if any nearby military dental treatment facility treats active-duty family members. If you’re enrolled in the TRICARE Dental Program, call the TRICARE Dental Program contractor or visit their website to find a provider. You will need to get an authorization before you see the dentist.

Permanent change of station for active-duty service members

With permanent change of station orders, ask for a copy of your medical and dental records from your personnel office, providers/dentists, and medical or dental clinics. Do this at least one month before your permanent change of station date. This way you may be able to carry records to your new duty station.

You may ask providers or the military clinic to transfer your family’s medical records to the military hospital or clinic nearest to your new duty station. You may ask to have copies of their records to carry with you or them as well. (You may have to pay to get their records copied.) If you want someone else to be able to get medical or dental information on you or your family while you are moving, you need to complete a DD Form 2870, "Authorization for Disclosure of Medical or Dental Information."

Find more about moving, updating DEERS, the TRICARE regions, pharmacy, dental and much more through the TRICARE website or the TRICARE Moving page.

Installation Specific Information

Naval Health Clinic

The primary source of medical care for Marine Corps Base is the Naval Health Clinic (NHC), Quantico, located at 3259 Catlin Ave., near Lejeune Hall, the Marine Corps Base headquarters. The clinic does not have emergency medical services available. Life threatening injuries and illnesses that require immediate treatment should be evaluated at the nearest emergency room, and can be accessed by dialing 911.

Patients enrolled in TRICARE Prime you must call (877) TRICARE 874-2273 for authorization for acute out-of-the-area medical care. The mission of the clinic is to provide and coordinate health care and wellness services for active duty members to maximize readiness. The clinic provides services to all eligible beneficiaries who have enrolled in TRICARE Prime at NHCL Quantico.

Normal operating hours for the clinic are 7:30 a.m. to 6 p.m., Monday through Friday. The clinic has limited after-hours services Monday through Friday 4 p.m. to 6 p.m. The clinic is closed on Saturdays, Sundays and all Federal Holidays.

The clinic has the following medical specialists: family practice, primary care, pediatrics, sports medicine, flight
surgeon, internal medicine, mental health, optometry, occupational/preventive medicine, radiology, social services and physical therapy. Visiting physicians from the National Naval Medical Center, Bethesda and other military treatment facilities provide specialty care on a limited basis in cardiology, pediatric urology, endocrinology, ENT, hematology/oncology, neurology, OB/GYN, occupational therapy, ophthalmology, dermatology, orthopedics, prenatal care, and pulmonary. All appointments for specialists are by referral only. The clinic has a toll-free phone line at 1-888-784-1802.

There are two other branch health clinics located on the Base. The David R. Ray Branch Health Clinic, located at The Basic School and John H. Bradley Branch Health Clinic, Officer’s Candidate School provide the same services (except specialty) as the main clinic but are reserved for active duty military personnel only.

Dental Clinic

The main dental clinic is located on the second floor in the south end of the Naval Health Clinic. Other clinics on base are located at The Basic School in the David R. Ray Branch Health Clinic and the Marine Corps Air Facility, Building 2100. Military personnel are provided complete dental services, although some specialty care may require referrals to other military or civilian clinics. Routine examinations, annual Deployment Health Screenings, Active Duty sick call and records check-in/check-out are available daily from 7:30 to 8:30 a.m. and records are available from 7:30 to 11:00 and 12:30 to 2:00 p.m. and 12:30 to 2:00 p.m.

Due to current military dental readiness and health requirements, family members and retirees are not routinely seen. Family members and retirees are encouraged to use their respective TRICARE Dental Plans for their dental health needs. Individuals with emergency dental problems requiring immediate attention on weekends, holidays or after 3:30 p.m. on normal workdays may receive treatment at Potomac or Mary Washington Hospital’s emergency rooms.

Child and Youth Programs

The Department of Defense takes great pride in the variety and quality of services provided to children and youth on installations worldwide. While the services provided may vary by location, the standards and quality of services are consistent and meet established regulations.

Child Development Centers

Child development centers, or CDCs, generally offer child care for children ages 6 weeks to 5 years. Care is available Monday through Friday, with some locations offering options, such as extended hours, weekend care and respite care. Child development centers vary in size and larger installations may operate multiple facilities. Programs are certified by the Department of Defense and accredited by a national accrediting body, such as the National Association for the Education of Young Children.

Family Child Care

Children ages 6 weeks to 12 years may receive care in the private home of a certified family child care provider living in government-owned or leased housing. Family child care is typically available weekdays and with additional care provided during evenings, weekends and flexible hourly care for shift work. Regulations limit the number of children who receive care at any one time to no more than six children under age 8 and no more than two children under age 2. Family child care providers must be certified to operate by the installation. Individual providers may voluntarily seek national accreditation from the National Association of Family Child Care and are provided local support, training and materials to accomplish this goal.

School-Age Care Programs

School-age care programs provide care to children in kindergarten through sixth grade. Care is offered before and after school, during non-school days and summer vacations. School-age care programs may be located in Department of Defense youth centers, child development centers or in other suitable facilities. All programs are certified by the Department of Defense and accredited by a national accrediting body, such as the Council on Accreditation.

Requesting Child Care

Military families may request child care by visiting MilitaryChildCare.com. This Department of Defense website serves all military families seeking child care (including Child Development Centers, Family Child Care and school age care programs) and provides access to military-operated child care options world-wide. Families may search for and request care, manage their requests, and update their profile online, simplifying the process for finding child care.

Youth Programs
Dynamic programs for youth ages 5 through 18 years are provided in approximately 300 youth and teen program facilities worldwide. A wide variety of offerings includes activities in physical fitness and sports, the arts, life skills, career and volunteer opportunities. Installation programs may also collaborate with other youth-serving organizations, like the Boys & Girls Clubs of America and USDA/4-H programs.

Child Care

Child Development Center (CDC)
Quantico’s Child and Youth Programs has two Child Development Centers aboard the base. Each center is certified by the Department of Defense (DoD) and is accredited through the National Association for the Education of Young Children. Our programs include hourly care for ages 1 to 5 years (up to 25 hours per week), part-day preschool for 3 and 4 year olds, and full-day care for 6 weeks to 5 years old.

Family Child Care (FCC)
The Family Child Care program offers child care by spouses of military members in their military housing unit. FCC providers are required to participate in an extensive training program to maintain certification. Each FCC home is licensed annually and monitored frequently. Care is provided for children 6 weeks to 12 years of age.

School Age Care (SAC)
SAC program offers a before and/or after school program for kindergarteners through middle school students at the Quantico Youth Center. Full-time care is available during holiday and summer breaks. SAC hourly care is available on teacher work days and unscheduled school closings. The SAC program is accredited through the Council on Accreditation.

Youth Services

Youth Services
Quantico Youth Services is an affiliate of the Boys and Girls Clubs of America. Our mission is to provide quality programming for youth ages 6-18 years in the four service areas. These service areas are Sports and Fitness; Life Skills, Citizenship and Leadership; Leisure and Recreation; and Mentoring, Intervention and Support.

Youth Center
The Quantico Youth and Teen Center is located on Purvis Road and can be reached at 703-784-2249. Open recreation opportunities are available Saturdays 10:00 a.m. until 4:00 p.m. for ages 5-12 years. Teen Night, for ages 13-18 years, is offered every Friday and Saturday night from 7:00 p.m. until 10:00 p.m.

Youth Sports
Quantico Youth Sports are co-educational, inclusive, recreational/instructional leagues for ages 5-12. We offer Basketball, Baseball and Soccer. Our first priority is fair and equal play for all youth athletes. All players get equal time on the field and/or court regardless of skill level. Once this is achieved, our next focus is on teaching teamwork as well as building and/or improving sports skills.

Age cutoff dates:
Basketball: 1 January
Baseball: 1 April
Soccer: 1 September
The cost is $40.00 for the first child in a household and $35.00 for each additional child. Volunteer coaches get their first child for free and are always needed.

Youth Religious Programs
The programs for youth will see a change after the projected opening in June, 2008. Nursery for toddlers through preschool age children will be offered during all worship services and educational programs. Also the Protestant and Roman Catholic congregations will begin to hold Sunday School Classes in the new building, separate from worship times. There will be an Islamic Prayer room available at all times as well.

Islamic Program: Currently Islamic Prayer Center, Building 3043. For more information contact the Quantico Islamic
Layleader at 703-784-6529.

Jewish Program: Jewish Program at Fort Belvoir. Contact Belvoir Chaplain's Office at 703-806-4196 or the Quantico Jewish Layleader at 540-809-4926.

Protestant Religious Education and Care for Youth: Currently, the Protestant Worship Service (10:45 Sunday) is the beginning point for Youth involvement. The service is a family worship service, where children of all ages are welcome. The congregation is a mix of many different Protestant denominations and we try to accommodate the rite and rituals of passage for all. Currently the Chaplain's sacramental ministry includes Baptism, Confirmation and Communion. During Worship, young people though confirmation age are invited to come forward for a special message and then leave worship for a period of instruction -returning at the end of worship to their families. On Communion Sundays, the first Sunday of the month, children stay with their parents so that they may participate in receiving communion or a blessing from the pastor. Christian Baptisms are scheduled by request for children of congregation members. Confirmation classes are held weekly (expect for federal holiday weekends). Confirmation is approximately a nine month preparation -complete on Easter, educating and summarizing for youth the basics of Christian belief and history. Youth who have not been confirmed may consider this with their parents beginning at age 12, through high school. A youth group is in process of being formed on Sunday evenings: pizza and fellowship. For more information the Protestant Chapel Pastor can be contacted at 703-784-2518.

Catholic Program for Youth: In the Archdiocese for the Military Services, the referent point for the organization of catechetical pastoral care is the archbishop and the archdiocese itself. The bishop has the final responsibility for a catechetical plan and its success. (National Directory for Catechesis).

In light of the above, Marine Corps Base Quantico has developed a coherent catechetical program that represents the diverse age (pre-k through adult), ethnic, social, economic and military backgrounds in the Catholic Chapel Community. Classes are currently held at the Quantico Elementary School and the Quantico High School.

Formal, Sunday morning in-classroom catechetical instruction which includes enthusiastic evangelization, knowledge of the faith, and the preparation for particular sacraments for Grades Pre-K through Eight commences annually in September and continues into May of the following year.

Youth Catechesis, another aspect of the Church's catechetical mission, includes social, liturgical, and catechetical components as well as opportunities for service as outlined in Archdiocesan Directives and the NDC. For additional information contact the Director of Religious Education, Marine Corps Base Quantico, 703-784-3055.

Youth Employment

MCCS offers many opportunities for the employment of Youths. Youths under the age of fourteen are not permitted to work for MCCS. The requirements vary according to the age of the youth. Every teenager 14 or 15 years of age must have an employment certificate (work permit) to work. Work permits may be obtained at most public high schools and many private schools. Students who are home schooled should visit the nearest high school in order to obtain a work permit. The forms that are required in order to obtain a work permit:

Intention to Employ - This form is completed by the employer.
Permission for Employment - This form is completed by the parent
Evidence of teen's age - i.e. birth certificate, school record, passport, etc.

Three copies of the work permit are issued and provided to the Employer, the school and Virginia Department of Labor and Industry.

Teenagers sixteen and seventeen years of age have no restrictions on their hours of work. Teenagers fourteen and fifteen years of age engaged in non-agricultural work may not work:

During school hours unless they are enrolled in a school work-training program.
More than forty hours in any one-week when school is not in session.
More than eighteen hours in any one-week when school is in session.
More than eight hours in any one-day when school is not in session.
More than three hours in any one-day when school is in session.
Before 7:00 a.m. or after 7:00 p.m., except that from 1 June through Labor Day the teenager may work until 9:00 p.m.
Five hours of continuous work without a 30-minute rest or meal period.
Teen's age fourteen and fifteen may apply for positions within Food & Hospitality, Retail, Recreation (Seasonal), and Administrative positions.

For a list of vacant positions, please visit the MCCS website. For more information on the Regulations for employing teenagers, please visit the Virginia Department of Labor and Industry website.

Youth Sponsorship Program

Marine and Family Services' Relocation Assistance Program and the Child, Youth and Teen Program work together to provide a special program for school age youths to assist them in becoming acquainted with the opportunities awaiting
them in beautiful Quantico, Virginia.

The Youth Sponsorship Program helps youths moving to the Quantico area by matching them up with another age-appropriate youth presently living in the Quantico area. The youths correspond with one another in order to find out exactly what to expect upon their arrival at Marine Corps Base Quantico.

To obtain a Youth Sponsor, contact your Relocation Assistance Program Office or Youth Center prior to transfer. For further information you may also contact Quantico's Relocation Assistance Program by calling 1-800-336-4663.

New Parent Support Program

Marine Corps New Parent Support Program

The New Parent Support Program is an early intervention service for families who are expecting or have a child 5 years of age or younger. The primary focus of the New Parent Support Program is intensive home visitation services tailored to meet the unique needs of each family and help them cope with stress, isolation, deployment, post-deployment reunions and the everyday demands of parenthood. In addition to home visits, expectant parents and parents of newborns and young children can participate in a variety of programs, such as support groups and parenting classes designed to help parents learn new parenting skills and provide an optimal learning environment for their children. Confidential services also offer new and expecting parents the opportunity to express concerns and ask questions.

Program highlights

These programs and services are available through the Marine Corps New Parent Support Program:

**Baby Boot Camp** - These classes provide new and expectant parents with an understanding of an infant's world and the basic skills necessary for loving, safe care. Classes include topics such as breastfeeding, bonding and attachment, and self-care.

**Parenting classes** - These classes provide hands-on parenting education to support healthy children and positive family relationships. Parenting topics include infant massage, newborn care and discipline.

**Referrals** - Assistance with information and referrals link families with appropriate military and community services.

**Play morning** - This interactive playgroup helps teach parents about developmentally appropriate play and helps children improve their social, cognitive and motor skills. Parents must provide signed documentation of their child's immunizations to participate.

**Home visits** - Parents receive education and support by a caring professional in the privacy of their home. These services are available to families regardless of whether they live on or off the military installation.

Staff qualifications

The New Parent Support Program is a professional team of licensed social workers, marriage and family therapists and registered nurses skilled in child development and sensitive to the challenges facing military families.

Eligibility

Service members and their families stationed at or near a Marine Corps installation who are expecting a child or have a child under 6 years of age are eligible for all services, free of charge, offered by the New Parent Support Program.

Getting started

Enrollment is easy. Just call the New Parent Support Program on your installation during regular business hours. Find the program through MilitaryINSTALLATIONS. Select New Parent Support Program and your installation from the drop-down menus.

Installation Specific Information

The New Parent Support Program (NPSP) is a family support program promoting positive parenting and healthy families. It is a group of home visitors with special training and expertise in a variety of topics for parents and young families. They provide support and educational services for expectant parents or military parents with children up to the age of six. The services include parenting classes, in-home visitation, support groups and interactive play groups. NPSP is available at Marine Corps installations worldwide. Eligible clients are not limited to first-time parents. The program encourages participants to learn and grow as parents with the goal of enjoying their role and feeling more confident as parents. Staff are able to offer linkage and referrals to appropriate community resources including school and libraries, play groups in the community and services for children with special needs.

Family Center
Programs and services

As a gateway to the resources you need, the Military and Family Support Center provides information, support and services to help you balance the demands of military life. The Military and Family Support Center is one part of the overall Family Readiness System, which is the network of agencies, programs, services, partnerships and individuals that supports your personal and family life readiness, mobilization and deployment readiness, and mobility and economic readiness. It should be one of your first stops once you arrive at a new installation. The programs and services are a key resource for you and your family. They include:

Deployment support assists you and your family during all phases of the deployment cycle, providing workshops and services to help meet the challenges of deployment, as well as information and referral to deployment-related resources. Services include education briefings for deploying members and families, support services, morale calls and service-specific programs.

Relocation assistance provides an array of services to meet your moving needs. Relocation services include, but are not limited to, relocation workshops that help you prepare for a move, information on installations and communities worldwide and, where offered, a loan closet for basic household items. Relocation assistance also includes assistance with in-transit emergencies. Military and Family Support Centers work with other installation agencies to keep relocation information current, timely and relevant to allow you to make informed decisions and ensure you experience a smooth and successful move.

Personal financial management provides information, education and one-on-one financial counseling to assist you and your family in maintaining your financial readiness. Services are designed to address money management issues throughout your active-duty lifecycle and into retirement. Financial readiness educational opportunities range from basic planning to long-term investing.

Employment assistance offers comprehensive information, tools and resources to support career exploration, training and licensing, and employment readiness. Military and Family Support Centers may offer career counseling, local labor market information, trend tracking, skills and interests identification, job bank referrals and resources for self-employment.

Family life education provides information and education to assist you and your family in developing resilience skills that can help you navigate your mobile military lives.

Information and Referral can assist you in identifying and clarifying needs to determine appropriate forms of assistance and in locating services and programs available both on and off your installation.

The Transition Assistance Program prepares separating, retiring and demobilizing service members (and their families) with the information, skills and knowledge necessary for a successful transition from military to civilian life. The first step in your transition process is to complete the congressionally mandated pre-separation counseling session, which furnishes detailed information on the various benefits and services available. Military and Family Support Centers may provide other services, such as counseling and family advocacy. Services vary by location.

Installation Specific Information

Exceptional Family Member Program -- (EFMP) assists Marine families in managing the dual demands of a Marine Corps career and the special needs of a family member. An Exceptional Family Member (EFM) is a family member, enrolled in DEERS and residing with their sponsor, who may require special medical or educational services based upon a diagnosed physical, intellectual or emotional need.

Counseling Services -- Provides education, counseling services including Family Advocacy Program counseling, and workshops to individuals and families seeking self improvement or assistance dealing with domestic abuse.

Substance Abuse Program -- Provides policies and guidance to improve the capability of commanding officers and Marines in preventing and treating alcohol and drug abuse problems that detract from unit performance and mission readiness.

Lifelong Learning -- The Marine Corps Lifelong Learning Program provides personal and professional learning opportunities for Marines regardless of duty station. Lifelong Learning includes the Voluntary Education Program, which provides active-duty service members the opportunity to reach their educational goals.

Children, Youth, and Teen Programs -- Such programs focus on the needs of families in order to provide maximum access to useful, flexible, and affordable programs such as child development, social, recreational, and athletic programs. Children, youth and teens, ages 6 weeks to 18 years, are served in integrated, balanced, quality programs that support the continuum of the Marines family, on- and off base.

New Parent Support Program - Complementary to the Children, Youth and Teen Programs, the NPSP offers a wide range of support services to Marine families with children from birth through five years of age.
Employment - Overview

Employment Opportunities

Marine Corps Base Quantico enjoys much better than average employment opportunities with an unemployment rate around 3.5% unemployment rate compared to 4.5% and higher nationally. Federal, state, and county government employment opportunities are plentiful and diverse from entry level to mid-level and upper management. Further opportunities are provided with an abundance of DoD support contracting firms, healthcare, finance and accounting, food and hospitality, on-going commercial & industrial construction, and a full spectrum of industry in Information Technology (IT).

Almost all skills and various experience levels are actively sought by employers as no specific industry is experiencing a saturation of qualified employees and continued growth is anticipated for all industries and skills. Salaries can range from $8.25 per hour for an entry level position in the retail sales industry up to $25 per hour for an entry level degree-level position in the IT Field. Salaries at the mid and upper level management as well as experienced skilled positions can command salaries that support an average family income that exceeds $95K per annum in the surrounding communities, required due to a higher than average cost of living. A list of specific occupations and their growth or decline is found on the VEC’s website under LMI. Job seekers should click on Profiles, then Area Profile, followed by Detailed Area Profile. Information will be available by the Region, County/City or Metropolitan Area.

The Career Resource Management Center, 703-784-2511/4963, with its Family Member Employment Assistance Program, 703-784-3306, are located at the Religious & Family Services Center, 3019 Embry Loop, Quantico, VA 22134. The NAFI Human Resources Office (703-784-3454), and the Human Resources Organizational Management Office (703-784-2049/2365) are located in Little Hall and they should be early stops for those seeking employment. Further advanced research can be obtained by visiting the Virginia Employment Commission (VEC) and calling 540-898-3800 (Fredericksburg) or 703-897-0407 (Woodbridge). The VEC can also provide substantial information on Unemployment Insurance (UI), as well as a host of related topics. If you are totally or partially unemployed and wish to apply for benefits, call the VEC call center, complete an application on the Internet, or visit your nearest VEC office. The call center telephone number is 1-866-832-2363. The addresses and telephone numbers for VEC offices can be found in the phone book, or at the VEC’s website. You will be asked to supply the name, address and telephone number of your last employer (and, in some cases, previous employers), your dates of employment, and the reason you are unemployed.

Employment prospects in the area surrounding Quantico are excellent. The employment area extends from the metropolitan DC area south to the Fredericksburg, VA area and westward to Manassas, VA. Compensation is best in DC with reductions in wages realized moving west or south, i.e., the further west or south you work, the less you’re going to be paid. However, many people who have earned significantly higher wages working in DC have opted to transition to employment opportunities in Manassas or Fredericksburg to escape the commute into and out of DC daily.

Good Prospects

Many opportunities exist for experienced clerical workers, computer operators, and defense industry consultants. Unskilled workers in the fast food industry and entry level retail clerks will easily find employment. White collar workers with technical skills such as electronics, accounting, and engineering are in demand, as are skilled blue collar workers in the construction industry (seasonal). Medical and dental professionals in and near the Greater Metro-DC area are also in demand.

Fair Prospects

Civil Service positions, although limited, are available to skilled and licensed applicants. Teachers in all disciplines and at every level are also in demand.

Employment Documentation

For job hunting purposes, be sure to hand carry all employment records and documents, resumes, SF 50, transcripts, certificates and licenses. Proof of eligibility to work in the United States is also required. These documents include but are not limited to a birth certificate issued by a U. S. state, jurisdiction or territory or the U.S. State Department, U. S. Certificate of Naturalization or Citizenship, U.S. passport, Social Security card and/or Alien Registration Receipt Card.

Home Business Opportunities

Another alternative that has been pursued is the "Homebased Business." There is no limit to the number of ideas for a homebased business. Some of the local homebased businesses that have realized success include cleaning, lawn care, shopping, pet care, transportation, party planning services, contract or consultant work in accounting, computer
programming, graphic design, typing/editing, and direct sales opportunities such as Tupperware, Amway, Avon, Mary Kay, or New Vision International.

Unemployment Compensation

Unemployment compensation may be available for the spouse of a newly assigned military member or civilian employee. For more information please contact the Virginia Employment Commission.

Transition Readiness Seminar (TRS)

The Career Resource Management Center/Transition Readiness Seminar is dedicated to keeping abreast of the latest trends and technology in job search strategies in order to provide information and assistance to Navy and Marines Corps personnel separating or retiring from the Corps to include their family members as they face the next stage of their lives, whether seeking a new career, or attending an institution of higher learning. The Transition Readiness Seminar aboard MCB Quantico offers the following quality programs and services.

Executive TRS (0-5 & O-6/E-8, E-9 & CWO)
Self-Assessment Tools
Computer Lab
Individual Career Counseling
Resume Review
Professional Resource Library
Federal Resume Writing Workshops
Disabled Transition Assistance Program (DTAP) Workshop
Professional Development Workshops
For additional workshops and services please visit the Personal and Professional Development website

Tuition Assistance

All active duty Navy and Marines and enlisted recalled reservists are eligible for tuition assistance funding. Navy and Marines receive up to $250.00 per credit hour and up to $4500 per fiscal year for accredited programs. Navy personnel are limited to 16 semester hours per fiscal year.

MyCAA

The SECO My Career Advancement Account (MyCAA) Scholarship Program provides up to $4,000 of financial assistance to military spouses of Active Duty, National Guard, and Reserve members in the grades E-1 to E-5, WO-1 to CWO-2, and O-1 to O-2. The MyCAA program can help you pursue a license, certification, or Associate's degree in a portable career field or occupation. For more information, call 1-800-342-9647.

Military Spouse Employment Partnership

The Military Spouse Employment Partnership (MSEP) is a DoD initiative that connects military spouses with hundreds of military-friendly employers who have committed to recruit, hire, promote, and retain military spouses. The partnership assists spouses with finding and maintaining employment to achieve their career goals despite the challenges of frequent relocation. More than 100,000 spouses have been hired through the program.

Relocation Assistance

Programs and Services

If a permanent change of station, or PCS, is in your future, you may have questions about moving. As part of the Military and Family Support Center, the Relocation Assistance Program provides services and resources to help make this transition as smooth as possible. Here's what they offer:

Individual PCS planning — Most relocation programs offer one-on-one consultation. In particular, those making their first military move, those making their first overseas move or those with challenging or complex situations should contact the relocation assistance office.

MilitaryINSTALLATIONS and Plan My Move — For managing and planning your move, you may want to take advantage of these DoD-sponsored online relocation tools. You can estimate expenses, locate forms for housing and property shipments, and create a moving calendar.

Loan closet — Where available, loan closets offer basic household goods while your personal property is in transit. Typical items include pots and pans, dishes, silverware, irons, ironing boards and infant or toddler car seats. Generally, towels and bed linens are not available, so these should be packed in your express shipment.

Workshops and briefings — Workshops vary from installation to installation, but you may find classes on purchasing real estate and renting, budgeting and finance, moving with children or general moving preparation.
Pre-departure briefings — These briefings may be called Smooth Move or PCS Briefing, and they provide essential information to prevent you from making uninformed and costly decisions before your move.

Settling-in services — Welcome wagon services, local area tours (with child care sometimes provided), or basic household items to use until your goods arrive may be a part of your installation’s settling-in services. Overseas arrival services may include introductory language classes and cultural awareness training.

Foreign-born spouse support — Whether your question concerns immigration and naturalization, learning the English language or how to use local transportation, the relocation program provides assistance, classes and referrals.

Emergency assistance — From time to time, emergencies occur while moving. The Relocation Assistance Program office has the resources to provide emergency financial assistance and referrals.

Installation Specific Information

Relocation Services should be your first stop after receiving Permanent Change of Station (PCS) orders. Relocation Services can provide you with a mountain of information regarding your new duty station and assists you with planning that move.

Relocation Services also conducts a Welcome Aboard Brief that provides newcomers to Quantico with information about the base and the surrounding areas. The Welcome Aboard briefs are held every third Monday of every other month from 1000-1130 at The Clubs at Quantico. For further info go to the website. Receive a Welcome Aboard Package prior to arriving at MCB Quantico by requesting one through the Relocation Office nearest you.

Monthly PCS workshops provided will provide you with information on the availability of housing both on and off base, shipment and storage of household goods, travel with pets, passport requirements, travel entitlements, cultural awareness, sponsorship assistance, video of your new duty station and much, much more. We recommend that both the active duty member and spouse attend, whenever possible. Plan to attend the workshops 6 months prior to the PCS date.

Relocation Services also maintains a Lending Locker that provides temporary household goods such as futon mats, kitchen kits, microwaves, etc. and other items while you’re waiting on your household goods to arrive or after pack-out to your next duty station. You will need a copy of your PCS/TDY orders and DOD issued ID to borrow items.

Loan Closet

Items Available

The Loan Locker is a free service that provides basic household good items for temporary loans while members wait to receive personal property shipment or after relinquishing quarters.

Available Items:

- High chairs
- Card tables
- Folding chairs
- Coffee pots
- Toasters
- Cutting boards
- Slow cookers
- Microwaves
- Blenders
- Hand mixers
- Kitchen towels
- Vacuums
- Sleeping mats
- Pack ‘n Play
- Irons
- Ironing boards
- Kitchen kits (pots, pans, dishes, silverware, etc.)

The Quantico Loan Locker does not offer air mattresses.

How to Borrow

Items are available to command-sponsored, accompanied and unaccompanied, active-duty and civilian personnel and their family members assigned to Marine Corps Base, Quantico, to meet their basic household needs prior to delivery (incoming) and after pack-out (out-going) of household goods.
A copy of your PCS orders stating that you are being stationed at or transferring from Marine Corps Base Quantico and a valid ID card are required to check-out Loan Locker items.

Family Advocacy

General Program Description

The Family Advocacy Program is the congressionally designated program responsible for the prevention of and response to child abuse and neglect and domestic abuse /intimate partner violence in military families. The Family Advocacy Program works in cooperation with military and civilian medical providers, law enforcement, legal personnel, chaplains, and child and youth programs to provide a coordinated community response. The goal of the Family Advocacy Program is to promote the prevention, early identification, reporting and treatment of child and spouse abuse.

Program services vary by installation and generally include the following:

Public awareness campaigns, education and support for couples and parents
Parenting support at every age and stage, including New Parent Support Program home visits for expectant parents, new parents and families with young children
Safety planning, advocacy and support for domestic abuse victims
Clinical treatment for offenders and all affected family members as appropriate provided by MEDCOM

Prevention, Education and Outreach

Family Advocacy Program prevention, education and outreach services vary by installation and may be offered in coordination with military or civilian partners. Contact your installation Military and Family Support Center or Family Advocacy Program for local listings. Sample services include the following:

Education and skill-building training on topics including stress or anger management
Seminars on healthy relationships, couples communication or conflict resolution
Parenting support, including the New Parent Support Program, playgroups, educational workshops and opportunities for parents and families at every age and stage
Counseling or referrals to services tailored to meet specific family needs and schedules provided by MEDCOM

Child Abuse and Neglect and Domestic Abuse Information and Reporting

Child abuse and neglect: If you have concerns about a child’s welfare or safety, whether at home or in the care of a Department of Defense child or youth program, find your local Family Advocacy Program under the Installation Contacts tab or contact any of the following:

Military OneSource (800-342-9647)
Local child protective services, your state’s reporting hotline or Childhelp National Child Abuse Hotline at 800-4-A CHILD (422-4453)
For concerns about child abuse or neglect in a DoD child or youth program or school, your installation Family Advocacy Program or the DoD Child Abuse and Safety Violation Hotline at 800-790-1197 in the United States or 571-372-5348 overseas (not a crisis line)

Call 911 or law enforcement if you witness abuse or neglect or a child is in imminent danger.

Domestic abuse: If you or someone you care about needs help, confidential support is available. Please contact the following for information, support and assistance:

Your installation Family Advocacy Program
Military OneSource (800-342-9647)
National Domestic Violence Hotline (800-799-7233)
Americans Overseas Domestic Violence Crisis Center (international toll-free at 866-USWOMEN)

Call 911 or law enforcement if you witness domestic abuse or someone is in immediate danger.

Domestic Abuse Reporting Options

Restricted report: In most instances, domestic abuse victims may request a restricted report, which allows for confidential medical care, counseling, victim advocacy and support services, such as safety planning and legal assistance, without command notification or a law enforcement investigation. A victim must contact a medical care provider or Family Advocacy Program professional to request the restricted reporting option.

Unrestricted report: If a domestic abuse victim requests an unrestricted report, the sponsor’s commander is promptly notified, law enforcement is involved and administrative action against the offender may be taken. The victim remains eligible for all victim advocacy services, including safety planning, legal assistance and specialized support.
Contact military law enforcement or the Family Advocacy Program to make an unrestricted report. In an emergency, call 911.

**Eligibility Requirements**

Family Advocacy Program services are available to service members and family members eligible for care in a military treatment facility. Intimate partners and others may qualify for limited support and referrals as appropriate. Contact your installation Family Advocacy Program for details.

**Financial Assistance**

**Financial Assistance**

Financial preparedness workshops are offered to the different units at MCB Quantico. One-on-one appointments are offered to Active Duty, Reservists, Dependents, Military Retirees and DoD Employee’s working aboard MCB Quantico. The basic services offered are Basic Financial Planning, Money Management, Investment Planning and Retirement Planning.

Quantico is considered a high cost living area and you are encouraged to shop the area, before you decide to sign any rental agreements or contracts pertaining to living accommodations. Check with the local Housing Office to see if they have a referral list available. If no list is available, make sure you place your name on the housing list once you have checked in. The closer you are to base, the higher the cost due to the convenience of the location. Remember to make sure that you have a military clause in your rental agreement.

If you have your automobile financed you are required to have full coverage per Virginia State Law. If the automobile has a free and clear title (you owe no money on the vehicle), you may be able to choose just liability insurance.

It is advised that you maintain your health insurance coverage from your last duty station area until you check in at Quantico. This will help you maintain coverage as you travel. If you cancel the insurance prior to leaving your old duty station, you are no longer in the system and would not have coverage if an accident occurred. It is advised that you check with your current insurance carrier to make sure you comply with the policy you have as far as coverage is concerned.

Plan your move as far ahead as possible, and refrain from taking advanced pay. If you have to take advance pay make sure that you incorporate the repayment amount into your new budget.

**Emergency Assistance**

**Planning for Emergencies**

There are no Emergency (Medical) Services available aboard MCB Quantico. If there is an emergency, dial 911!!

**Emergency Assistance Organizations & Contacts**

If you experience an emergency aboard MCB Quantico, always notify the command to inform them about the situation and request advice if needed.

**Navy-Marine Corps Relief Society**

If emergency financial assistance is required, make an appointment with the Navy-Marine Corps Relief Society. They provide interest free loans or grants for emergency transportation, funerals, medical/dental bills, food, rent, utilities, essential vehicle repairs and financial counseling.

**American Red Cross**

The American Red Cross provides interest free loans for emergency travel in conjunction with emergency leave orders. Additional assistance may be provided to avoid privation and basic maintenance, including but not limited to food, shelter, and clothing. Emergency communication available 24 hours a day, seven days a week by calling 202-737-8300 or 877-272-7337 toll free.

**Emergencies En Route**

If you are near a military installation, contact the Marine & Family Services' Information & Referral Services at the Family Service Center. Always have some money set aside for emergencies. For newly arriving personnel, if there is
a situation that needs emergency attention, contact your sponsor for assistance. If your sponsor is not available, contact your future command S-1, Admin or Personnel Officer, or Officer of the Day.

You may also contact the Information & Referral (I&R) Representative at the Quantico Family Service Center. I&R is a central base resource for all types of information aboard the base, local community and throughout the United States. Command Duty Officer: 703-784-6281; Information & Referral: 1-800-336-4663.

**Emergency Contact Numbers**

- MCB Quantico Base Information 703-784-2121
- Military Police 703-784-2251
- Navy Medical Clinic Information 703-784-1699
- DeWitt Army ER, Fort Belvoir 703-805-0518
- Bethesda Naval Hospital Information 301-295-4611
- Sentara Northern Virginia Medical Center, Woodbridge 703-523-1000
- Prince William Hospital, Manassas 703-369-8000
- American Red Cross, MCB Quantico 703-784-3113
- Navy-Marine Corps Relief Society 703-784-9754
- MCCS-Community Support Center 703-784-2659 or 800-336-4663
- MCCS-Family Advocacy 703-350-1668

**Legal Assistance**

**Legal Services**

Marine Corps Legal Assistance programs provide free professional legal help to active duty and retired military members and their dependents. Legal assistance also helps certain survivors of deceased Armed Forces members. A legal assistance officer is a licensed attorney, though not always in the state where stationed. Legal Assistance attorneys give advice and help prepare legal documents and correspondence.

All the information the client discusses with a Legal Assistance Attorney is confidential and protected by the attorney-client privilege. The entire Legal Assistance staff zealously protects client confidentiality.

Before making a Legal Assistance appointment, you should do the following:

First, take logical steps to help yourself. If you find yourself in a legal dispute, try to talk to the other party before consulting an attorney. You can then give the attorney both sides of the story. You may find that the other party is reasonable and willing to resolve the matter. Be tactful and courteous in your approach. Many legal problems arise simply because the parties are discourteous and lose their tempers.

When you see your attorney, bring along all available documents, records, and correspondence about your question or problem. The nature of the information you provide will directly affect the quality of advice you receive.

If you need a document notarized, or a power of attorney, come in any time during our normal work hours. Most banks will provide notary service for their customers free of charge. Additionally, many stationary stores will provide notary service for a nominal fee. According to Virginia law, a notary may charge no more than $5.00 for a notary public service.

Remember, the most help you can give yourself is to use sound judgment and seek legal advice before acting on any legal or business matter.

Some things to remember:

- Attorney services by appointment only.
- Procedures regarding scheduled office appointments: Clients need to make child care arrangements for the date/time of their appointment. Children will not be permitted to attend the appointment with the attorney. Child care is not provided by this office. If the client arrives for their appointment with children, their appointment will be canceled and rescheduled to enable the client to make child care arrangements.
- Attorneys will not provide legal advice over the telephone.
- Walk-Ins. We have walk-in services on Tuesdays at 1:00 p.m. on a first-come, first-served basis. Patrons shall not be seen at this time for family law or estate planning issues. The only issues handled during Walk-ins will consist of Landlord/Tenant issues (lease review, eviction notices, landlord demand letters, etc.); Consumer Law (auto issues, credit card issues, cell phone issues, debt collection); and Emergency Issues, such as being served with court documents.
- Separation/Divorce Counseling. The provision of full separation/divorce services will be limited to E-5 and below, including eligible family members.
Appointments are available by calling 703-784-3126/7.
Please arrive 15 minutes prior to your scheduled appointment.
All scheduled appointments are one-half hour and follow-up appointments will be scheduled accordingly.
If you cannot make your scheduled appointment, please call to cancel as far in advance as possible.

**Eligibility**

Legal assistance may be provided to active duty members of the U.S. Armed Forces (and Reservists scheduled for deployment) and their dependents, retired members of the U.S. Armed Forces and their dependents, and dependent survivors of active duty and retired members. This statutory authority does not extend to civilian employees. Before our attorneys can talk with you, our staff will have to complete what is called a "conflicts check" to ensure that we do not represent both parties in a dispute.

**Deployment Support**

**Family Deployment Support**

Readiness and Deployment Support Programs assist you and your family during all phases of the deployment cycle, providing workshops and services to help meet the challenges of deployment as well as information and referral to deployment-related resources. Services include education briefings for deploying service members and families, support services, morale calls, and service-specific programs.

Preparing for a deployment doesn't have to be stressful. Stop by the Marine Corps Family Team Building (MCFTB) House, located at 126 Neville Road, or contact the Readiness and Deployment Trainer at 703-784-2678. Gather information on pre-deployment as well as during deployment support and return and reunion resources.

**Family Support**

Looking for information on dealing with children during deployments? Published materials are available through MCFTB. Interested in being kept informed of opportunities of support and recreation open to families of deployed service members? Contact the MCFTB office at 703-634-2678.

**Return and Reunion**

Excited about the reunion? Looking for information to aid in the transition? Contact the MCFTB office at 703-784-2678.

**Prevention and Relationship Enhancement Program (PREP)**

Looking to reconnect and enhance your communication skills? Check out our PREP program. For further information, call 703-784-2518.

**Life Skills Education Training**

Provides information and education to assist you and your family in developing resilience skills that can help as you navigate your mobile military lives.

**Contact Information**

**DSN Dialing Instructions:** When dialing a DSN number from U.S. installation to U.S. installation, it is unnecessary to dial the 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included.

- **3019 Embry Loop**
  Marine Corps Base
  Quantico, VA 22134-5001
  Phone 703-784-2659 / 800-336-4663
  Phone (DSN) 312-278-4961/2
  Fax 703-784-0859
  Fax (DSN) 312-784-0859
  Email | Website | Map

- **Adult Education Centers**
  Voluntary Education Center (VEC)
  3088 Roan Street
  Quantico, VA 22134
  Phone 703-784-3340
  Phone (DSN) 312-278-3340
  Mon - Thu 7:30 a.m. - 5:00 p.m.
  Fri 7:30 a.m. - 12:00 p.m.
  Sat, Sun and Federal Holidays - Closed
  Email | Website | Map

- **Automotive Services**
  FIRESTONE TIRE/AUTO CENTER

- **Barracks/Single Service Member Housing**
  Billeting Office - BOQ/BEQ
3141 Barnett Ave
Quantico, VA 22134
Phone 703-432-TIRE (8473)
Fax 703-784-0338
Mon - Fri 6:00 a.m. - 5:30 p.m.
Sat 7:00 a.m. - 5:00 p.m.
Sun and Federal Holidays - Closed
Email | Website | Map

Beauty/Barber Shops
Barber Shops
3500 Russell Road
Quantico, VA 22134
Phone 703-432-8840
Fax 703-432-8832
Mon - Sat 9:00 a.m. - 6:30 p.m.
Sun 9:00 a.m. - 5:30 p.m.
Federal Holidays - Closed
Email | Website | Map

Chapels
Command Religious Program
3250 Catlin Avenue
Suite 112
Quantico, VA 22134
Phone 703-784-2131
Phone (DSN) 312-278-2131
Fax 703-784-4313
Mon - Fri 7:30 a.m. - 5:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Child Development Centers
Child Development Center
3311 Purvis Road
Quantico, VA 22134
Phone 703-784-2716 / 703-784-4470
Phone (DSN) 312-278-2716/4470
Fax 703-784-4735
Mon - Fri 6:00 a.m. - 6:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Child and Youth Registration and Referral
Resource and Referral Program
3311 Purvis Road
Quantico, VA 22134
Phone 703-784-0674 / 703-784-4453
Phone (DSN) 312-278-0674/4453
Fax 703-784-0612
Mon - Fri: 8:00 a.m. - 4:30 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Commissary/Shoppette
Commissary
3400 Russell Rd
Quantico, VA 22134
Phone 703-784-2233
Fax 703-784-2030
Mon - Fri 9:00 a.m. - 8:00 p.m.
Sat 9:00 a.m. - 7:00 p.m.
Sun 9:00 a.m. - 6:00 p.m
Email | Website | Map

Deployment/Mobilization
Marine Corps Family Team Building - Deployment Support
Quarters 126 Neville Rd.
Quantico, VA 22134
Phone 703-784-2687
Phone (DSN) 312-278-2687
Fax 703-432-0317

Dental Clinics
Dental Clinic
3259 Catlin Avenue
Quantico, VA 22134
Phone 703-784-2802 / 703-784-2803
Phone (DSN) 312-278-2802/3
Fax 703-784-5968
Mon - Fri 6:45 a.m. - 3:30 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

DoD Schools
Quantico Dependents School System (New York & Virginia District DDESS)
3308 John Quick Road
Suite 201
Quantico, VA 22134
Phone 703-630-7012
Phone (DSN) 312-278-2319

Liversedge Hall
Building 15
Quantico, VA 22134
Phone 703-784-3149 / 703-432-1341
Phone (DSN) 312-278-3149
Fax 703-784-1347
Open 24 hours - 7 days a week
Email | Website | Map

Beneficiary Counseling Assistance Coordinators
TRICARE Service Center
Naval Health Clinic
3259 Catlin Avenue
Quantico, VA 22134
Phone 1-877-TRICARE (874-2273) / 703-784-1758
Phone (DSN) 312-278-1538
Fax 703-432-1189
Mon - Fri 7:30 a.m. - 4:00 p.m.
Walk-in only.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Civilian Personnel Office
Civilian Human Resource Office
2004 Barnett Avenue
Quantico, VA 22134
Phone 703-784-2049
Phone (DSN) 312-278-2049
Fax 703-784-2048
Mon - Fri 8:00 a.m. - 4:30 p.m.
Sat, Sun and Federal Holidays - Closed
Website | Map

MilitaryINSTALLATIONS - U.S. Department of Defense
3/23/18
Page 39 of 47
Mon - Fri 8:00 a.m. - 4:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

**DoD Schools**
Crossroads Elementary School
3315 Purvis Road
Quantico, VA 22134
Phone (703) 630-7065 / (703) 630-7064
Website | Map

**EFMP - Enrollment**
EFMP / Enrollment
EFMP House
122 Neville Road
Quantico, VA 22134
Phone 571-931-0525
Email | Website | Map

**Educational and Developmental Intervention Services (EDIS)**
Educational and Developmental Intervention Services (EDIS)
3259 Catlin Avenue
Educational & Developmental Intervention Services Naval Medical Clinic
Quantico, VA 22134-6050
Phone 703-784-1741 / 703-784-0161
Phone (DSN) 312-278-1741/0161
Fax 703-784-0251
Mon - Fri 7:30 a.m. - 4:00 p.m.
Sat, Sun, and Federal Holidays - Closed
Email | Website | Map

**Emergency Relief Services**
American Red Cross
2034 Barnett Avenue
Room 209
Quantico, VA 22134
Phone 703-784-3113 / 703-784-4511
Phone (DSN) 312-278-3113
Fax 703-784-2817
Mon - Fri - 8:00 a.m. - 4:00 p.m.
Sat, Sun, and Federal Holidays - Closed
Email | Website | Map

**Exchange(s)**
Package Store/Gas Station
3500B Russell Road
Quantico, VA 22134
Phone 703-432-8151 / 703-432-8152
Fax 703-432-8832
Mon - Fri 6:00 a.m. - 9:00 p.m.
Sat 8:00 a.m. - 9:00 p.m.
Suns and Holidays 9:00 a.m. - 7:00 p.m.
Gas Station Pumps Open 24 Hours
Email | Website | Map

**Family Advocacy Program**

Fax 703-784-3100
Mon - Fri 7:30 a.m. - 4:30 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

**DoD Schools**
Quantico Middle/High School
3307 Purvis Road
Quantico, VA 22134
Phone 703-630-7055
Phone (DSN) 312-278-0303
Fax 703-784-4851
Mon - Fri 7:30 a.m. - 4:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

**EFMP - Family Support**
EFMP / Family Support
EFMP House
122 Neville Road
Quantico, VA 22134
Phone 571-931-0524
Email | Website | Map

**Emergency Relief Services**
Navy Marine Corps Relief Society (NMCRS)
2034 Barnett Ave
Quantico, VA 22134
Phone 703-784-9754/55 / 800-949-2844
Phone (DSN) 312-278-9754
Fax 703-640-6751
Mon-Fri - 8:00 a.m. - 4:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

**Exchange(s)**
Marine Corps Exchange
3500 Russell Road
Quantico, VA 22134
Phone 703-432-8800
Fax 703-432-8832
Mon - Sat 9:30 a.m. - 7:30 p.m.
Sun 9:30 a.m. - 6:00 p.m.
Email | Website | Map

**Family Center**
Family Advocacy Program
2034 Barnett Avenue
Quantico, VA 22134
Phone 703-784-2570 / 703-784-3523
Phone (DSN) 312-278-2570/3523
Fax 703-784-1083
Mon, Wed, Fri 7:30 a.m. - 4:30 pm.
Tues 7:30 a.m. - 7:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Family Child Care/Child Development Homes
Family Child Care (FCC)
3311 Purvis Road
Room #102
Quantico, VA 22134
Phone 703-784-2011
Phone (DSN) 312-278-2011
Fax 703-784-0612
Mon - Fri 7:00 a.m. - 3:30 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Financial Institutions
Marine Federal Credit Union
3380 Russell Road
Quantico, VA 22134
Phone 1-800-225-3967 Ext: 5572 / 1-800-225-3967 Ext: 5428
Fax 703-441-1991
Mon - Fri - 9:00 a.m. - 5:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Gymnasiums/Fitness Centers
Semper Fit Program
2073 Barnett Ave
Barber Physical Activity Center
Quantico, VA 22134
Phone 703-432-0590 / 703-784-2003
Phone (DSN) 312-278-2003
Fax 703-432-0588
Mon - Fri - 4:00 a.m. - 9:00 p.m.
Sat 8:00 a.m. - 5:00 p.m.
Sun 9:00 a.m. - 5:00 p.m.
Holiday Hours 9:00 a.m. - 5:00 p.m.
Email | Website | Map

Household Goods/Transportation Office (inbound)
Joint Personal Property Shipping Office (JPPSO)
9325 Gunston Road
Fort Belvoir, VA 22060-5580
Phone 800-762-7186
Phone (DSN) 312-656-4900
Fax 703-806-4553
Mon - Fri 8:00 a.m. - 4:30 p.m.
Sat, Sun and Federal Holidays - Closed
Website | Map

Household Goods/Transportation Office (outbound)
Traffic Management Office
2009 Zeilin Rd
Quantico, VA 22134
Phone 703-784-2831 / 703-784-2832
Phone (DSN) 312-278-2831/2/3
Fax 703-784-3567
Mon - Fri 8:00 a.m. - 4:00 p.m.
Sat, Sun and Federal Holidays - Closed
Website | Map

Housing Office/Government Housing
Lincoln Military Housing Office (PPV)

Hospitals/Medical Treatment Facility(s)
Naval Health Clinic
3259 Catlin Ave
Quantico, VA 22134
Phone 703-784-1725 / 703-784-1699 / 1-888-784-1802
Phone (DSN) 312-278-1725
Fax 703-784-1504
No Emergency Services - Dial 911
Mon - Fri 7:30 a.m - 4:00 p.m.
The Family Practice Clinic, Pharmacy, and the Pharmacy drive through window offer full services
Mon - Fri 7:30 a.m. - 6:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Public Services

Personal & Professional Development Programs
3019 Embry Loop
Quantico, VA 22134
Phone 703-784-2659 / 1-800-336-4663
Phone (DSN) 312-278-2659
Fax 703-784-0859
Fax (DSN) 312-278-2603
Mon - Fri 8:00 a.m. - 4:30 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Finance Office
Finance Office
2034 Barnett Avenue
Quantico, VA 22134
Phone 703-784-2400/01/02 / 703-784-2403
Phone (DSN) 312-278-2400/01
Fax 703-432-0301
Mon, Tue, Thu and Fri 8:00 a.m. - 4:30 p.m.
Wed 8:00 a.m. - 11:30 a.m.
Wed 11:30 a.m. - 4:30 p.m. Closed for training.
Sat, Sun and Federal Holidays - Closed
Website | Map

Golf Courses
Medal of Honor Golf Course
3313 Fuller Road
Quantico, VA 22134
Phone 703-784-2424 / 703-784-2463
Phone (DSN) 312-278-2424
Mon - Sun and Holidays - 7:00 a.m. - Dusk
Email | Website | Map

Housing Office/Government Housing
Lincoln Military Housing Office (PPV)

Housing Referral Office/Housing Privatization
Lincoln Military Housing Office (PPV)
13201 Perkins Street  
Quantico, VA 22134  
Phone 703-432-8500  
Fax 703-432-8501  
Mon - Fri 7:00 a.m. - 4:30 pm.  
Sats 9:00 a.m. - 1:00 p.m.  
Suns and Federal Holidays - Closed  
Email | Website | Map

ID/CAC Card Processing  
DEERS ID/CAC CARD CENTER  
2034 Barnett Ave. (Little Hall)  
Quantico, VA 22134  
Phone 703-784-2750  
Phone (DSN) 312-278-2758/59  
Fax 703-784-4032  
Mon - Fri 7:00 a.m. - 4:30 p.m.  
Sat and Sun - closed  
Website | Map

Legal Services/JAG  
Legal Assistance Office  
3095 Roan Street  
Quantico, VA 22134  
Phone 703-784-3122/3 / 703-784-3126  
Phone (DSN) 312-278-3122/3123  
Fax 703-784-3435  
Mon - Thurs:  
7:30a.m. - 10:45 a.m.  
1:00 p.m. - 4:00 p.m.  
Friday:  
7:30a.m. - 10:45 a.m.  
Website | Map

Loan Closet  
Relocation Assistance Program (RAP) - Loan Locker  
3019 Embry Loop  
Quantico, VA 22134-5001  
Phone 703-784-2659  
Phone (DSN) 312-278-2659  
Fax 703-784-0859  
Fax (DSN) 312-784-0859  
Mon - Fri 8:00 a.m. - 4:30 p.m.  
Sat, Sun and Federal Holidays - closed  
Email | Website | Map

Military Clothing Sales  
Military Clothing Outlet (Cash Sales)  
2011 Zeilin Road  
Bldg 2011  
Quantico, VA 22134  
Phone 703-784-2460  
Phone (DSN) 312-278-2460  
Fax 703-784-2469  
Fax (DSN) 312-784-0859  
Mon - Sat 8:00 a.m. - 3:30 p.m.  
Sun and Federal Holidays - Closed  
Map

Non-appropriated Funds (NAF) Human Resources  
NAF Personnel Office  
2034 Barnett Avenue  
Quantico, VA 22134  

MWR (Morale Welfare and Recreation)  
Marine Corps Community Services (MCCS)  
2034 Barnett Avenue  
Quantico, VA 22134  
Phone 703-784-3006 / 703-784-3007  
Phone (DSN) 312-278-3006/7  
Fax 703-784-2936  
Fax (DSN) 312-278-2936  
Mon - Fri 7:30 a.m. - 5:00 p.m.  
Sat, Sun and Federal Holidays - closed  
Email | Website | Map

New Parent Support Program  
New Parent Support Program (NPSP)  
2034 Barnett Ave. (Little Hall)  
Quantico, VA 22134  
Phone 703-784-4248  
Phone (DSN) 312-278-4248  
Fax 703-784-4328  
Mon - Fri 8:00 a.m. - 4:30 p.m.  
Sat - Sun and Federal Holidays - Closed  
Email | Website | Map

Personal Financial Management Services  
Personal Financial Management Specialist  
3019 Embry Loop  
Room 130  
Quantico, VA 22134
Personnel Support Office
Military Personnel Reception Center
Installation Personnel Administration Center (IPAC)
Headquarters & Service Battalion
2006 Hawkins Avenue
Quantico, VA 22134
Phone 703-432-1243
Phone (DSN) 312-278-4466/65
Fax 703-432-0231
Mon - Wed, Fri 7:00 a.m. - 5:00 p.m.
Thu 7:00 a.m. - 12:00 p.m.
Sat, Sun and Federal Holidays - Closed

Restaurants/Fast Food
The Clubs at Quantico
3017 Russell Road
Quantico, VA 22134
Phone 703-784-4264 / 703-784-4262
Phone (DSN) 312-278-4264
Fax 703-784-3479
Lunch Buffet: Tue - Fri 11:00 a.m. - 1:00 p.m.
Club - Officers and SNCOs:
Wed & Fri open at 4:00 p.m.

Retirement Services
Retired Activities Office (RAO)
3019 Embry Loop
Retired Activities Office
Quantico, VA 22134
Phone 703-784-3351 / 800-336-4663
Phone (DSN) 312-278-3351
Fax 703-784-2603
Mon - Fri 8:00 a.m. - 4:30 p.m.
Sat and Sun - closed

School Liaison Office/Community Schools
School Liaison Program
2034 Barnett Ave.
Quantico, VA 22134
Phone 703-784-4729
Phone (DSN) 312-278-4729
Fax 703-784-4735
Fax (DSN) 312-278-4735
Website | Website | Map

Spouse Education, Training and Careers
Family Member Employment Assistance Program (FMEAP)
3019 Embry Loop
Quantico, VA 22134
Phone 703-784-3306
Phone (DSN) 312-278-3306

Relocation Assistance Program
Relocation Assistance Services
3019 Embry Loop
Quantico, VA 22134-5001
Phone 703-784-2659
Phone (DSN) 703-784-2659
Fax 703-784-0859
Fax (DSN) 312-784-0859
Mon - Fri 8:00 a.m. - 4:30 p.m.
Sat, Sun and Federal Holidays - closed

School Age Care
School-Age Care (SAC)
3312 Purvis Road
Quantico, VA 22134
Phone 703-784-2319 / 703-432-1378
Phone (DSN) 312-278-2319
Fax 703-784-5087
School Age Care:
Mon - Fri 6:00 a.m. - 6:00 p.m.
Sat, Sun and Federal Holidays - Closed

Temporary Lodging/Billeting
Billeting Office - BOQ/BEQ
Liversedge Hall
Building 15
Quantico, VA 22134
Phone 703-784-3149 / 703-432-1341
Phone (DSN) 312-278-3149
Temporary Lodging/Billeting
The Crossroads Inn (TLF)
3018 Russell Road
Quantico, VA 22134
Phone 800-965-9511 / 703-630-4444
Fax 703-630-4499
Open 24 hours - 7 days a week
Email | Website | Map

Travel Office
All Points Travel
3500 Russell Rd
Quantico, VA 22134
Phone 703-432-8852 / 703-432-8853
Fax 703-432-8854
Mon - Fri 9:30 a.m. - 5:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Veterinary Services
Veterinary Clinic
3310 Purvis Rd
Quantico, VA 22134
Phone 703-784-2770
Phone (DSN) 312-278-2770
Fax 703-784-2144
Mon - Fri 8:00 a.m. - 3:30 p.m.
Closed daily 12:00 p.m. - 1:00 p.m.
Sat, Sun and Federal Holidays - closed
Email | Website | Map

Welcome/Visitors Center
Military Personnel Reception Center
Installation Personnel Administration Center (IPAC)
Headquarters & Service Battalion
2006 Hawkins Avenue
Quantico, VA 22134
Phone 703-432-1243
Phone (DSN) 312-278-4466/65
Fax 703-432-0231
Mon - Wed, Fri 7:00 a.m. - 5:00 p.m.
Thu 7:00 a.m. - 12:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Youth Programs/Centers
Children, Youth and Teen Programs
3311 Purvis Road
Quantico, VA 22134
Phone 703-784-2716 / 703-784-4470
Phone (DSN) 312-278-2716
Fax 703-784-4735
Mon - Fri 8:00 a.m. - 4:30 p.m.
Sat, Sun, and Federal Holidays - closed
Email | Website | Map

Transition Assistance Program
Career Resource Management Center (CRMC)
3019 Embry Loop
Quantico, VA 22134
Phone 703-784-4963/2511
Phone (DSN) 312-278-2511
Fax 703-784-4434
Mon - Fri 8:00 a.m. - 4:15 p.m.
Sat, Sun and Federal Holidays - closed
Email | Website | Map

Travel Office
Omega World Travel
2009 Zeilin Rd (next to TMO)
Quantico, VA 22134
Phone 703-640-7101 / 1-800-844-0583
Fax 703-640-0369
Mon - Fri 8:00 a.m. - 4:30 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Victim Advocate Services
Victim Advocate Services /Family Advocacy Program
2034 Barnett Avenue (Little Hall)
Quantico, VA 22134
Phone 703-784-2570 / 1-800-342-9647 Available 24/7
Phone (DSN) 312-278-2570
Fax 703-784-1083
Mon, Wed, Fri 7:30 a.m. - 4:30 p.m.
Tue 7:30 a.m. - 7:00 p.m.
Sat, Sun and Federal Holidays - Closed
Email | Website | Map

Women, Infants, and Children (WIC & WIC-O)
Women, Children and Infants
2034 Barnett Ave (Little Hall)
Quantico, VA 22134
Phone (703) 792-7319
Monday & Wednesday
8:00 a.m. - 12:00 p.m.
1:00 p.m. - 4:00 p.m.
Map
Major Units

**Marine Corps Warfighting Laboratory**
Contact Information:
COM: 703-784-5098
DSN: 312-278-5098
FAX: 703-784-2122
http://www.mcwl.marines.mil/

**Training and Education Command (TECOM)**
Contact Information:
COM: 703-784-3730/2653
DSN: 312-278-3730/2653
FAX: 703-784-0012
http://www.tecom.marines.mil/

**Naval Health Clinic**
Contact Information:
COM: 703-784-1725
DSN: 312-278-1725
FAX: 703-784-1504
http://www.med.navy.mil/sites/nhcq/Pages/Welcome.aspx

**Security Battalion**
Contact Information:
COM: 703-784-2481/2
DSN: 312-278-2481/2
FAX: 703-784-2733

**Communication School**
Contact Information:
COM: 703-784-0019
DSN: 312-278-0019
FAX: 703-784-3264
http://www.trngcmd.marines.mil/

**The Basic School (TBS)**
Contact Information:
COM: 703-784-5211/5522
DSN: 312-278-5211/5522
FAX: 703-432-6354
http://www.trngcmd.marines.mil/Units/Northeast/The-Basic-School/

**Command and Staff College (CSC)**
Contact Information:
COM: 703-784-3330
DSN: 312-278-3330
FAX: 703-784-2628
https://www.usmcu.edu/csc

**Expeditionary Warfare School (EWS)**
Contact Information:
COM: 703-784-0001
DSN: 312-278-0001
FAX: 703-784-2582
https://www.usmcu.edu/ews

**Officer Candidates School (OCS)**
Contact Information:
COM: 703-784-2351/2352
DSN: 312-278-2351/2352
Marine Corps Combat Development Command (MCCDC)
Contact Information:
COM: 703-784-2415/6
DSN: 312-278-2415/6
FAX: 703-784-3450
http://www.mccdc.marines.mil/

Marine Corps University
Contact Information:
COM: 703-784-3515
DSN: 312-278-3515
FAX: 703-784-2793
https://www.usmcu.edu/

Marine Corps Base
Contact Information:
COM: 703-784-2121
DSN: 312-278-2121
FAX: 703-784-5906
http://www.quantico.marines.mil

Marine Corps War College
Contact Information:
COM: 703-432-4637
DSN: 312-432-4637
FAX: 703-784-2384
https://www.usmcu.edu/mcwar

Marine Corps Intelligence Activity
Contact Information:
COM: 703-784-6242
DSN: 312-278-6242
FAX: 703-784-2026
http://www.hqmc.marines.mil/intelligence/Units/MCIA/

Marine Corps Systems Command
Contact Information:
COM: 703-432-1802/1800
DSN: 312-278-1802/1800
FAX: 703-784-2663
http://www.marcorsyscom.marines.mil/

Marine Helicopter Squadron One (HMX-1)
Contact Information:
COM: 571-494-4662
DSN: 571-494-4662
FAX: 703-784-2423
http://www.hqmc.marines.mil/hmx-1/

Marine Corps Air Facility (MCAF)
Contact Information:
COM: 703-784-2320
DSN: 312-278-2320
FAX: 703-784-2185
http://www.quantico.marines.mil/mcaf/

School of Advanced Warfighting
Contact Information:
COM: 703-784-5121
DSN: 312-278-5121
FAX: 703-784-2628
https://www.usmcu.edu/saw
**Staff NCO Academy (SNCOA)**
Contact Information:
COM: 703-784-3138/3246
DSN: 312-278-3138/3246
FAX: 703-784-4099
https://www.usmcu.edu/epme

**Weapons Training Battalion (WTBN)**
Contact Information:
COM: 703-784-5084/5082
DSN: 312-278-5084/5082
FAX: 703-784-5216
http://www.trngcmd.marines.mil/Units/Northeast/Weapons-Training-Battalion/

**Headquarters and Service Battalion**
Contact Information:
COM: 703-784-2268
DSN: 312-278-2268
FAX: 703-784-3463
http://www.quantico.marines.mil/Units/Headquarters-Service-Battalion/

**Marine Corps Embassy Security Group**
Contact Information:
COM: 703-784-4793
DSN: 312-278-4793
FAX: 703-784-5949
http://www.mcesg.marines.mil/